

New Zealand Student Wellbeing 2023

For the first time in 2022-23, students from Aotearoa New Zealand were included in the survey



University experience



67%

full-time students



33%

part-time students

80%

of students were employed in 2022



7 in 10

feel stressed by studying at least weekly, including 2 in 10 daily



TOP STRESS:

balancing study with other commitments



3 in 5

agree 'there is a strong sense of community at my university'

- **#1 incentive for students to come to campus more** would be free parking, followed by things like free food & events
- **Half of students would feel more optimistic about their job prospects** if they were offered more internships and work experience, as well as more networking events

Study flexibility and support



39%

prefer on-campus AND distance learning making blended learning the preferred study option



3 in 4

say their university has made it easier for them to study online or from home



1 in 2

(46%) have used their university's academic support services

Peer support



9 in 10

(86%) connect with other students



40%

would like to connect with other students more, both in-person (65%) and online (58%)



1 in 3

(35%) would like to have a senior student mentor

Academic integrity



13%

know someone who cheated at university in 2022



60%

recall hearing about what academic integrity is from their university



1 in 2

(54%) have heard about the consequences of cheating at university



1 in 10

are not confident they can avoid plagiarism or unintentional cheating



1 in 4

are not confident they can approach their university about assignment support

Sample note: New Zealand sample was sourced via Kantar Consumer Link Panel and via Studiosity student networks. The sample is not statistically representative of students in New Zealand, no quotas or weighting was applied. However, the sample size is robust (n=142).