



2018 National student survey



Wellbeing and study
responses from
Australian students

Study supported by:

Studiosity

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Foreword

Dear Educator,

Collectively, Australia's universities enrol about 1.5 million students, including more than 500,000 from overseas (Universities Australia, 2018). As a sector, we have a mutual interest in delivering the best possible learning experiences and outcomes to this growing, and increasingly diverse, student community.

Today's students live in a very different world to the one we experienced during our own university days. They're more likely to be studying in a "hybrid mode" that combines both on-campus and online experiences. The Widening Participation agenda that grew out of the Bradley Review means more students are from traditionally underrepresented groups, many are first-in-family to attend university, speak English as an additional language or dialect (EAL/D), or have culturally and linguistically diverse backgrounds (CALD). And both domestic and international students are more likely to start their courses with academic skill levels that put them at risk of attrition.

As a sector, we recognise that student expectations are also changing. There is a world of instant access to information, whether for communication, service delivery, or entertainment. There also are multiple demands on students' time, and striking a balance between life, work, and study seems to be increasingly challenging (Gair, 2018). Education needs to keep pace if we are to optimise the likelihood that our students will succeed in their courses, enjoy their learning, and enter the workforce as successful graduates and proud ambassadors of their alma maters.

The book you are holding (or reading on your screen) contains the results of a survey into student attitudes and feelings toward study, their study patterns, and their expectations and experiences in their university courses. We hope the insights - both quantitative and qualitative - will assist you and your university on your own journey to reimagine the student experience, as we head toward 2020 and beyond.

We look forward to hearing your feedback and comments. To contact us, please email research@studiosity.com.

Best wishes,



Mr Jack Goodman
Founder, Executive Chair

Studiosity

Executive summary

The findings collated in this report provide insights into wellbeing, study life, and emotions toward university study by Australian university students. A total of 1,001 students completed the survey. The responses represented every public Australian university. The questions posed to the students revolved around 1) their emotions towards studying alone, workload, and stress, 2) the initiatives or solutions that could help them feel less stressed and more supported, and 3) their satisfaction with their current university and their predictions for studying in the future.

Summary of section 1: Emotions towards isolation and studying alone

42% of students have negative feelings towards studying alone (question 1).

51% consider quitting when they study alone and struggle (question 2).

79% of students resort to studying all night to get through their workload (question 3).

77% of students studying all night believe all-nighters could be reduced with 24/7 study support (question 4).

34% of students identify the amount of study as the most stressful part of studying (question 5).

Summary of section 2: Enhancing student confidence

40% of respondents say that 24/7 online support for when they're not in class or off campus could help them combat study stress (question 6).

90% of students have asked for help after class or on campus when they had a study question, and identified a friend or their peers as the most popular person to approach (question 7).

69% of students have positive feelings towards using 'help-on-tap' / 24/7 study help (question 9).

Summary of section 3: Feelings towards university choice and the future

69% of students would choose their university again (question 10).

19% of students believe physical campuses won't exist in 20 years' time (question 11).

The two major responses to how students hope their university will evolve in the next 5-10 years were a) more flexibility in unit choices and b) making it easier for them to study online without feeling like they are missing out (question 12).

Recommendations

Section 1: Emotions towards isolation and studying alone

To remove a sense of isolation, students have to feel part of a community. We recommend that universities create a virtual and face-to-face environment where students feel they are members of a holistic learning community.

In order to create a sustainable work-life balance, we recommend universities help students to develop the skills to manage their workload and study, with initiatives such as workshops, courses, and online seminars.

Section 2: Enhancing student confidence

Universities should offer face-to-face and online, after-hours support to all students to help them feel more confident about their studies, as part of a personalised experience to enhance student performance.

We also recommend that universities provide support for students to combat stress that arises as part of their educational experience and can interfere with their success. Such support programs could be wellbeing seminars, and courses that assist students with building skills and habits around help seeking when they need it. Further, many students reported that they aren't aware of the services and programs that are currently available. Therefore, universities should ensure their communication and engagement activity closes this knowledge gap for students.

Section 3: Feelings towards university choice and the future

Universities should create a more inclusive and flexible learning environment for students that allows increased flexibility in unit choices and makes it easier for them to study online without feeling they are missing out on a broader university experience.

Introduction

There is significant evidence that student wellbeing and success are intertwined (Kahu & Nelson, 2017; Andrews & Wilding, 2004; Eggens, van der Werf & Bosker, 2007). This study was commissioned by Studiosity to gain a deeper understanding of the tertiary student experience, the issues students are facing, and the types of academic support they might need to be successful.

Studiosity gathers considerable qualitative and quantitative data on its users' study behaviour online, their emotions towards studying, and how the service impacts their learning (see references throughout). These insights show that Studiosity's universally-accessible support helps students to enhance their desired study outcomes.

Based on these data, Studiosity was curious to find out how students on a broader national level feel about studying. Whether they feel comfortable or not, why this might be, how they perceive their tertiary learning experience overall, and what they believe the future of their study journey and institution itself will entail.

This report includes an executive summary, an overview of all the quantitative insights, indicative, qualitative responses, recommendations for institutions based on the results, and the complete data sets as part of the appendix.

There are myriad reasons why students struggle, and academic, after-hours support can address some of those barriers to timely progression and completion.

Methodology

Survey conducted by: The Digital Edge (based in Sydney, NSW)

This survey was commissioned by Studiosity to obtain insights into student attitudes and feelings toward study, their study patterns, and their expectations and experiences in their university courses. Studiosity produced the questions for this survey, and The Digital Edge gathered the responses from Australian students via an online survey. 30,000 tertiary students that opted into Digital Edge's database received the survey via eDM and website notifications on StudentEdge.org (a student-facing website that includes audience and study-specific content) at the end of December 2017.

After seven days of data collection, the survey was closed in January 2018, with 1,001 surveys submitted.

Demographic of survey respondents

All public Australian universities were represented in the 1,001 sets of student responses. The students were 18 – 42+ years old and consisted of a mix of both domestic and international students.

Survey design

The survey was intended to provide new, aggregate information about Australian students' study habits and wellbeing around study, with a focus on obtaining insight into their often unseen behaviour and feelings outside of typical campus hours.

To gather numerical results to specific behaviours and emotions, the survey was based on a quantitative design. However, to foster qualitative insights and enable respondents to further clarify and complement their quantitative responses, students were given the opportunity to provide additional comments. The survey was comprised of 24 questions.

Ethical implications and demographical data

The database of survey participants was managed by The Digital Edge. All respondents opted in to complete surveys around their student and study lives. The survey did not ask for names or other identifying information of the students.

Demographical data was collected on:

- Student age range and gender
- Study type (part-time or full-time students)
- Current year in degree
- Student location (metro, regional, and state) and distance to campus
- Employment (part time, full time, casual, unemployed) and annual income range
- Degree cost range
- Name of their institution (which has been excluded from this report, due to requests from Studiosity partner institutions)
- International or domestic student status

Analysis

Most survey questions were quantitative, followed by optional, free-text commentary. The overall analysis of the survey results was focused on the quantitative responses. Even without a content analysis of the qualitative content, the students' free-text responses were used to provide additional narrative, offer a more comprehensive set of survey results, and potentially act as further information should quantitative data require clarification.



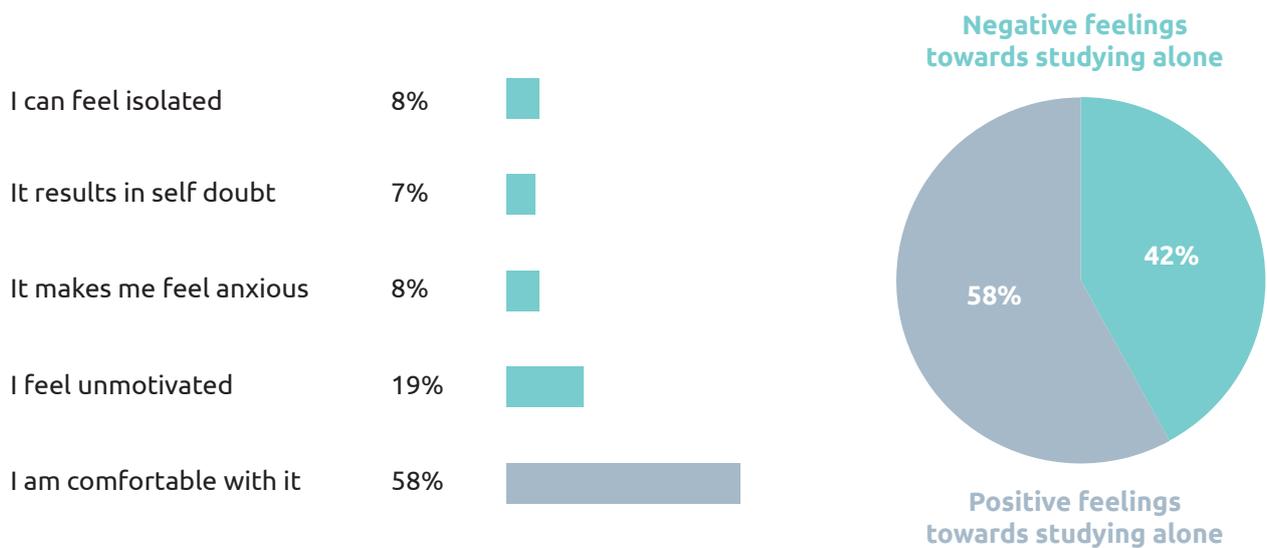
I am loving
Studiosity,
what a brilliant
service. Thank
you so much! It
gives me great
peace of mind
knowing that
I have help
available.

- Australian university student, 30 Jun 2018, 1:18pm

1. Students' feelings during study

Q1a. How does studying by yourself make you feel?

In addition to an increase in students studying remotely and online (Dodd, 2018), all students are now expected to study online regardless of course mode. The result is that study is more frequently completed across longer hours, in more varied locations, without always having timely access to collaborate with, and receive support from, peers or teachers. The research here found that 42% of students feel anxious, unmotivated and filled with self-doubt as a result of isolated learning, whether it is outside of the classroom or off campus.



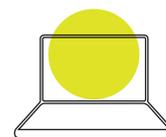
Males were twice as likely to feel isolated and suffer self-doubt.



Students working part time were more likely to respond with a negative feeling (48% - vs unemployed students: 40%).



18 to 25 year olds were most confident about studying alone (59%), whilst the 34+ age group felt the least confident about studying alone (50%).



Students studying part time were more likely to respond with a negative feeling (59% - vs full-time students: 38%).



“Learning is a social and interactive process. Grappling with challenging ideas is an important part of a student’s journey of learning, however it’s also important that universities scaffold and support their students by ensuring they get help when they seek it. With such a high number of students studying online, not living close to campus, and having busy lives that don’t allow for them to ask for help during the traditional support service opening hours, how universities respond to this growing issue is pivotal.”

- Professor Chris Tisdell, Professor and Director, Scientia Education Academy, University of New South Wales and Academic Advisory Board Member at Studiosity



In practice: Reverse self-doubt into self-efficacy

The flip-side of “self-doubt” is “self-efficacy”. People develop this when they believe they have the capacity to foster new skills or learn challenging concepts. Studiosity users report increased confidence, with 92% of students reporting they feel more confident about their studies after using Studiosity.

Q1b. "How does studying by yourself make you feel?" Indicative responses for supporting narrative, further insight, or areas for further investigation.

Students commented that they were comfortable studying alone, and reasons included efficiency, fewer distractions, lifestyle, and scheduling purposes. However, they also stated that these benefits were simultaneously countered by factors such as isolation, loneliness, self-doubt, lack of access to resources and motivation, and missing opportunities for conversations or sharing ideas with others. Time-of-day was a recurring topic, with evenings mentioned as a common study time. Overall, the comments suggest that even when students are comfortable studying alone, they face emotional and learning drawbacks that could be addressed with after-hours support resourcing.

SELF-DOUBT

"When I study by myself and I understand the content, I feel comfortable. However, I do begin self-doubting if I do not understand the subject all that well. In which case I often look for assistance i.e. from my sibling or tutors/lecturers."

"I have moments when I feel confident and feel self motivated and have a greater understanding however sometimes with more difficult or complex terms I self doubt myself and have trouble focusing and get easily distracted."

TIME OF DAY

"The study load and work makes me work late at night which sometimes leads me to stay up really late. I get minimal sleep then I can't concentrate in class."

MOTIVATION, DISTRACTION, ISOLATION

"In addition to isolation, it can be easy to be unmotivated with the false sense of 'I have all the time in the world to do this uni work.'"

"I easily get bored and lonely when studying alone."

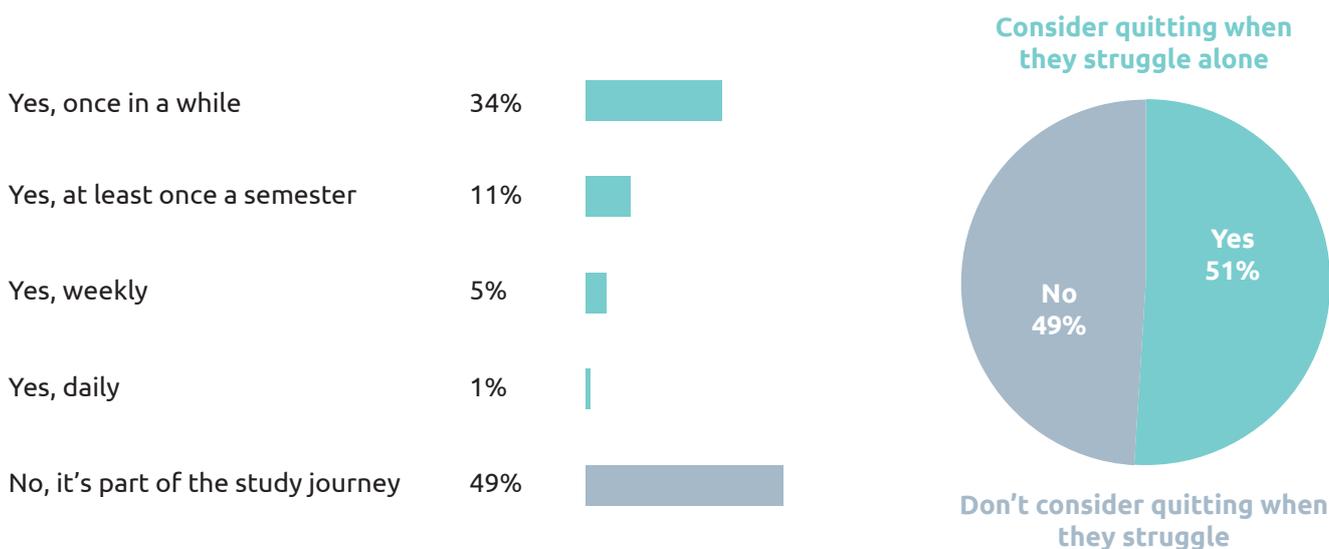
"I feel unmotivated but it's better than studying with friends because I get distracted."

"I mostly am comfortable with studying by myself, less distractions, however I can sometimes feel unmotivated and sometimes isolated living quite far from my campus."

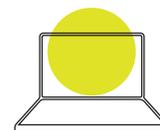
2. Isolated study and intent to quit

Q2a. Do you think struggling with study when you're alone (after class or when you leave campus) makes you think about quitting your course?

This survey found 51% of Australian university students have thought about quitting their degree due to the struggles associated with studying alone. While some attrition from university is always expected as students make their own career, study, and life choices, universities are aware now that they need to support success, to avoid exacerbating, or being passively complicit to, student anxiety or potential drop-out (Norton and Cherastidtham, 2018).



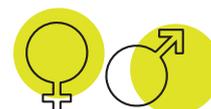
International students were less likely to think about quitting when they struggle (30%), compared to domestic students (52%). QLD-regional saw 64% of students respond 'yes' to struggling after hours.



70% of students who study online answered 'yes' to thinking about quitting when they struggle after hours.



51% of 18-25 year olds reported thinking about quitting when they are alone. A higher rate of 25-33 year olds (56%), reported to consider quitting when alone. 42+ age group were lowest, at 17%.



Males were more likely to report thinking about quitting (53%) than females (49%).



"Tackling this significant issue is completely possible, and can dramatically decrease student struggles related to independent and remote learning, which can in turn lead to higher retention rates for universities."

- Jack Goodman, Founder and Executive Chair, Studiosity



In practice: Reducing attrition

One main factor to reduce attrition is keeping students engaged throughout their degree. Some ways that have proven to increase engagement and performance were reducing the size of lectures, to allow more personal interaction with the lecturer, and improving academic support to provide help for students around their work-life-study demands (Brooks and Duty, 2017; Edwards, 2016).

Q2b. “Do you think struggling with study when you’re alone (after class or when you leave campus) makes you think about quitting your course?” *Indicative responses for supporting narrative, further insight, or areas for further investigation.*

Many students reiterated a preference or necessity for studying alone, acknowledging that struggling generally comes with that. Some comments acknowledged that struggling was just part of study, that they tried to stay positive as they get to the end of their degree, or that they still thought about quitting or whether to re-take courses. These students who were concerned for themselves referenced ‘unmotivating’ content, or said studying alone could be ‘deflating,’ ‘discouraging,’ or referenced ‘anxiety’ or being ‘anxious’. Other students were focused externally on other students generally, stating that others who struggle need to learn to ask questions, seek help, have better time management, overcome anxiety, or that it was a problem faced by younger students. The comments seem to point to a broad agreement that studying alone is a struggle, and that it generally occurs off campus, after hours, but that not all students are aware of what’s available or have the experience to use resources appropriately.

LACK OF MOTIVATION

“I have thought about quitting my course once or twice, but never seriously and I’m now at a point in my degree where I can see the light at the end of the tunnel, so to speak. I really enjoy my degree and I think it’s a good fit for me so generally no, however, sometimes I have to take electives that don’t correspond with my interest area which can be frustrating and unmotivating.”

“If I go home straight after the class, I feel I will not do anything for [the] rest of the day or accomplish. Which makes me anxious.”

HELP SEEKING

“I don’t know. You just need to find help - be prepared to overcome your own anxiety and yourself and ask for help.”

“When I’m struggling, I ask my friends for help.”

STRUGGLING AND QUITTING

“I start to rethink my degree once it hits 2am [on the] morning of my deadline.”

“When I’ve felt lonely in my studies I have considered quitting my studies.”

“Certain assignments can be quite daunting when I don’t get adequate help from the lecturers and have led to times when I feel like quitting and going back home.”

“I have at least one time (nearly every semester) thought I was not cut out for University. especially, if I am struggling with the content of the subject.”

“However, when I am stuck on something I don’t understand, I think about how much less stress I would have without study.”

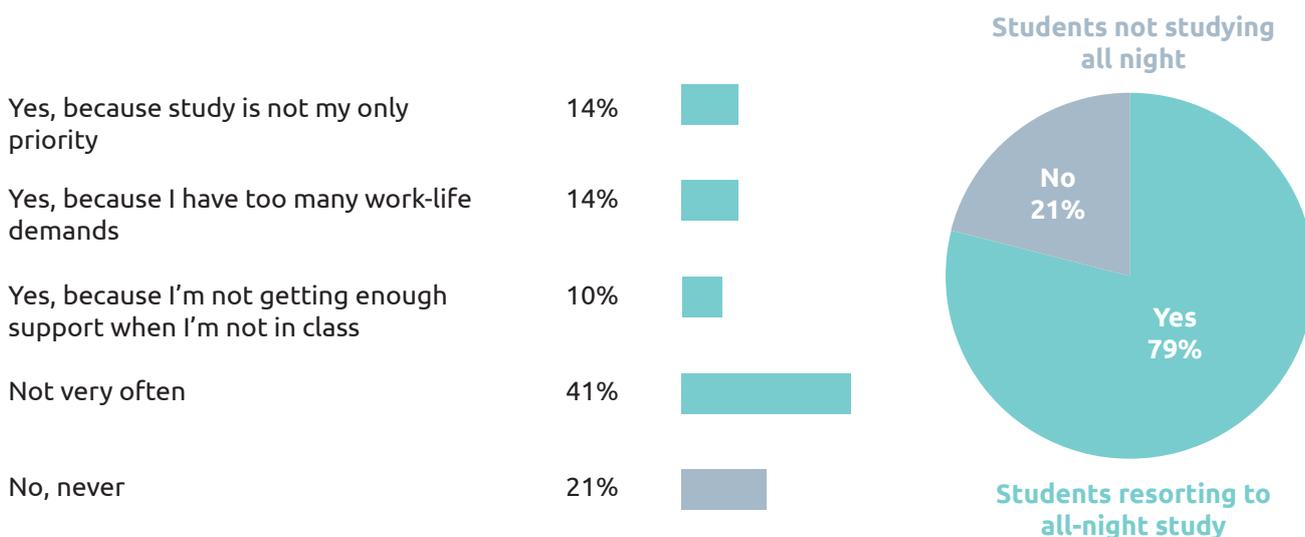
“I did drop a subject because I wasn’t comfortable when I had to do everything on my own and I couldn’t catch up. It was hard.”

3. All-night study and workload

Q3. Do you study all night to get through your workload?

Q4a. Do you think all-nighters could be reduced with 24/7 study support available when you finish your class or leave campus?

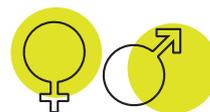
Findings showed that 79% of the surveyed students resort to studying all night to get through their workload. This is in agreement with other economic and social trends, as well as research. To balance university workload, family life, extra-curricular and professional responsibilities, many students use night times to study (Martyn-Jones, 2018). Further, the cost of degrees has increased, exacerbating stresses around study-work balance and an increasingly 24/7 study day (Gair, 2018).



77% of these students - who responded in the affirmative to studying all night - said that 'all-nighters' could be reduced by having 24/7 study support available for them when they finished class and left campus.



A higher number of full-time (79%) and internationally enrolled students (88%) reported studying all night. Even the state/territory with the lowest number of students having stayed up all night – the ACT – was still relatively high at 73%.



Male students were slightly more likely to rely on studying all night to get through busy times, with 85% admitting to having done so, compared to 77% of females.



Students aged 42+ were more likely to say they study all night (83%) compared to 37% of 18-25 year olds.



Making a habit of studying all night puts students at risk of ongoing sleeping problems, says sleep coach Elna Winnel (Martyn-Jones, 2018): *“A lot of the clients I see today, say their sleeping problems began in university, when they stayed up because they needed to pass exams.”*



“These findings send an important message: Students need additional support systems made available to them. The key here though is the flexibility of the support being offered. From my experience in senior roles at five Australian universities, it’s clear that as universities evolve, they need to provide access to services that can cater to students’ out-of-hours requirements.”

- Professor John Rosenberg, Former Senior Deputy Vice-Chancellor and Vice-President (Global Relations) at La Trobe University, Academic Advisory Board Member for Studiosity

Q4b. "Do you think all-nighters could be reduced with 24/7 study support available when you finish your class or leave campus?" *Indicative responses for supporting narrative, further insight, or areas for further investigation.*

Many students who work throughout the night do so because they have poor time management ('procrastination,' 'left to the last minute'). Other students cited that it was often a necessity due to lifestyle and other commitments. Students frequently used this response to question the practicality and logistics of 24/7 support, questioning who the people providing the support are, why their lecturers would want to be available 24/7, how it would fit with a policy of lecturers not being allowed to help with assignments, and how it would be cost-efficient to a small group of students in a cohort. Other students assumed that 24/7 study support would be on site or on campus and questioned their travel arrangements. The responses may indicate that as common as 24/7 support is in other industries - e.g. the consumer experience in online banking or retail - students still need more educational support around the realities of their university's support resources, assurances of quality, and accessibility for those resources.

TIME MANAGEMENT

"All nighters are mostly a result of poor time management rather than a lack of study support."

"As bad as all-nighters are I believe that it is up to the student to prevent them. Study support may help [you] prioritise and all but ultimately it's the student's duty. We need to do things for ourselves. Self dependence."

LOGISTICS

"The majority of people who pull all-nighters aren't the ones who are struggling with the content. The only people who pull all-nighters are those relatively confident they'll pass even without putting in the expected number of hours. I think 24/7 support is a great idea, but (1) it doesn't seem feasible, who would provide that kind of support? They would need to be paid, and it sounds like it'd need to be 1-on-1, which makes delays inevitable; and (2) I don't think it'd reduce all-nighters. All-nighters are pulled the night before an assignment is due, and uni staff aren't allowed to help with assignments anyway. Not many people pull all-nighters before exams because being tired for the exam won't help, and you can't learn all your content in a night anyway."

SUPPORT

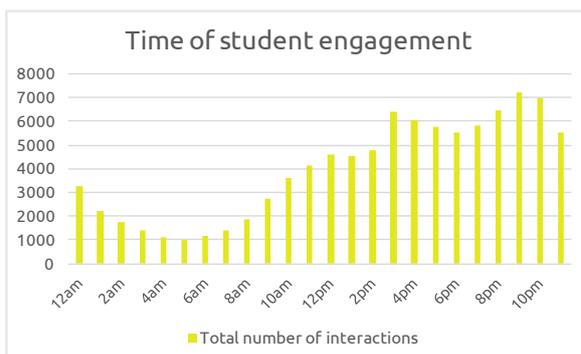
"But it has to be good support. A Skype or messenger chat study group with people who know the university and discipline."

"24/7 study support would be useful especially for students who don't receive any assistance (e.g. tutoring) outside regular class."

"I think 24/7 support would be amazing as students not only have university to worry about, but also work. It will also reduce pressure and stress."

“I totally think 24/7 support will help because when I have queries, all I can do is email my lecturers and wait till the next morning or day after. And there isn't any support available on weekends.”

- Survey response to the question “Do you think all-nighters could be reduced with 24/7 study support available when you finish your class or leave campus?”



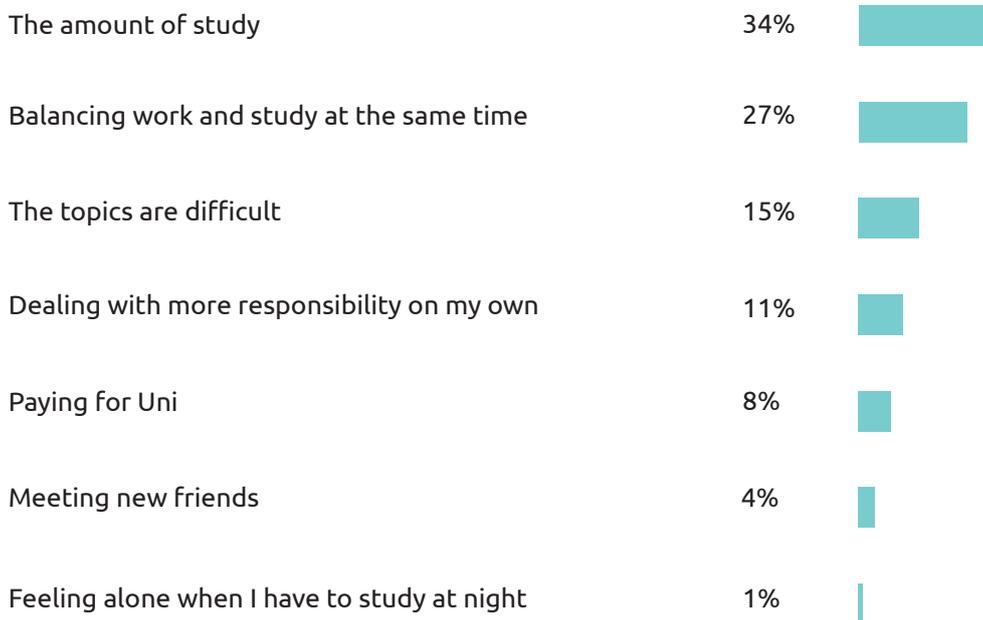
When do students seek support?

Studiosity user data shows that **9pm** is the most popular time to seek study help (data for period of May 2017 to April 2018).

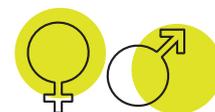
4. Study stress - causes

Q5a. What is the most stressful part of studying?

Australia's Youth Mental Health Foundation, HeadSpace, reports in 2018 that the majority of Australian university and TAFE students are stressed and anxious: 70% of students rate their mental health as poor or fair, and 66% report high psychological distress over the past 12 months (HeadSpace, 2018). The 2018 Studiosity study found that the three main culprits causing students stress are the amount of study (34%) followed by balancing work and study at the same time (27%) and the topics being too difficult (15%).



More international students said that 'paying for uni' was the most stressful part of study (28%, compared to 8% of all respondents).



The amount of study was the largest pressure point for both males and females (34%).

Q5b. "What is the most stressful part of studying?" *Indicative responses for supporting narrative, further insight, or areas for further investigation.*

In these responses, students mentioned balancing employment and study time, and motivation, as stressful parts of studying. For instance, students commented that they are specifically concerned by wasting time (getting stuck on a question without knowing how to resolve it, commuting, or the unnecessary or un motivating content of mandatory units of study); by not having enough time (necessary study load spent on independent revision of just a few questions, or assignments and exams always held simultaneously with other units); and balancing and managing other time commitments related to family and social lives. Perceived competition with other students is also referenced. The diversity of responses to this question nevertheless shares a common theme of managing conflicting commitments in a limited time.

TIME

"It takes me a while to complete something so I might not have enough time to do other things."

"Feeling like I am doing the wrong things in my studying and not being able to check with anyone to see if I am doing the right thing or just simply wasting my time."

STRESS

"The study load is heavy and is stressful but it is more stressful when you are studying a difficult topic and there is no one to turn to for help and you get stressed that you will not pass, etc."

"The most stressful part of studying for me are the grades as the degree is so competitive."

"Another stressful part of study is when you have exams and assignments all at the same time and you want more time in between each."

WORK-STUDY BALANCE

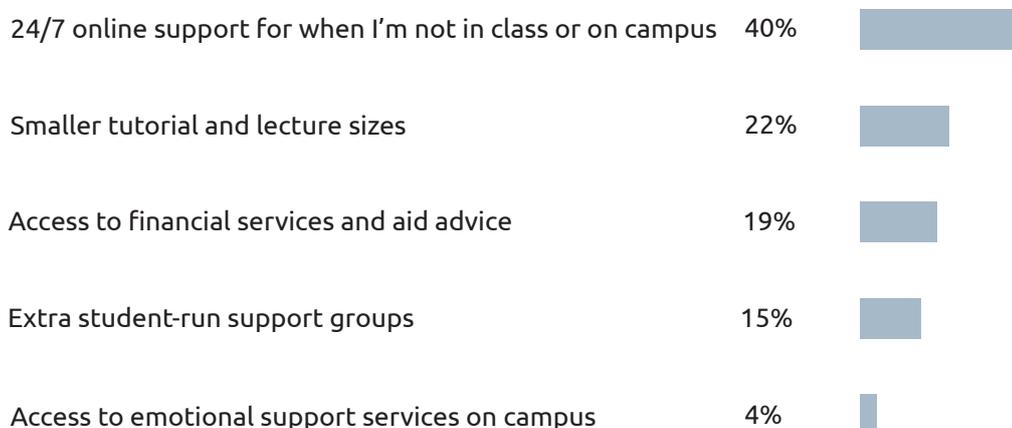
"Young people (who want a career that requires tertiary study) need to study full time to enter the workforce ASAP, but also need to work intensely at their casual/part time job to support themselves and be able to afford the rising cost of living, on top of wanting to substantially save to buy a house."

"Studying part time and working full time is quite difficult. Finding time to maintain your household, cook healthy meals and socialise is very hard."

5. Study stress - prevention

Q6a. What could help combat these issues?

When it comes to what could help combat the issues raised in question 5, 40% of students said having access to 24/7 online support outside of class or off campus would assist them, followed by smaller tutorial and lecture sizes (22%) and having access to financial services and aid advice (19%). Younger (18-25 year old) students and first-year students gave the highest preference for 24/7 online support. Students who lived any distance between 5-100km from campus - plus online-only students - all saw 24/7 online support as preferred study stress prevention. The exceptions were students who live 0-5km from campus, who answered more evenly between 24/7 support and smaller class sizes. International students chose 24/7 online support less often (31%), and 'financial aid' more than domestic students (31%).



Students who lived any distance between 5-100km from campus, and online-only students, preferred 24/7 online support as study stress prevention.



Younger (18-25 year old) students and first-year students gave the highest preference for 24/7 online support (41%).

Q6b. "What could help combat these issues?" Indicative responses for supporting narrative, further insight, or areas for further investigation.

Students' comments suggest that the overall preference for 24/7 online study support comes from diverse personal circumstances, including study workload, socialising, employment commitments, and general time management. However, all shared a common wish for greater flexibility. There were also recurring reports of financial concern related to being an international student. This requires more insight to determine whether the concerns arise from paying higher international fees, balancing employment-study workload, stress related to financial pressure on parents' income, or other reasons.

EMOTIONAL SUPPORT

"I think all unis provide 'emotional' support to students but it would be a lot more helpful if there were people who could guide you and help you stay on top of things and organised (like a mentor). I think it'd help with the feeling of being overwhelmed by uni and uni work / studying, assignment etc."

FINANCIAL SERVICES

"Emotional and financial services on campus available 24/7."

"Govt support with uni fees."

"24/7 Online support along with access to financial services."

"It's hard to support ourselves when at uni, I personally work 2 jobs also."

FLEXIBILITY

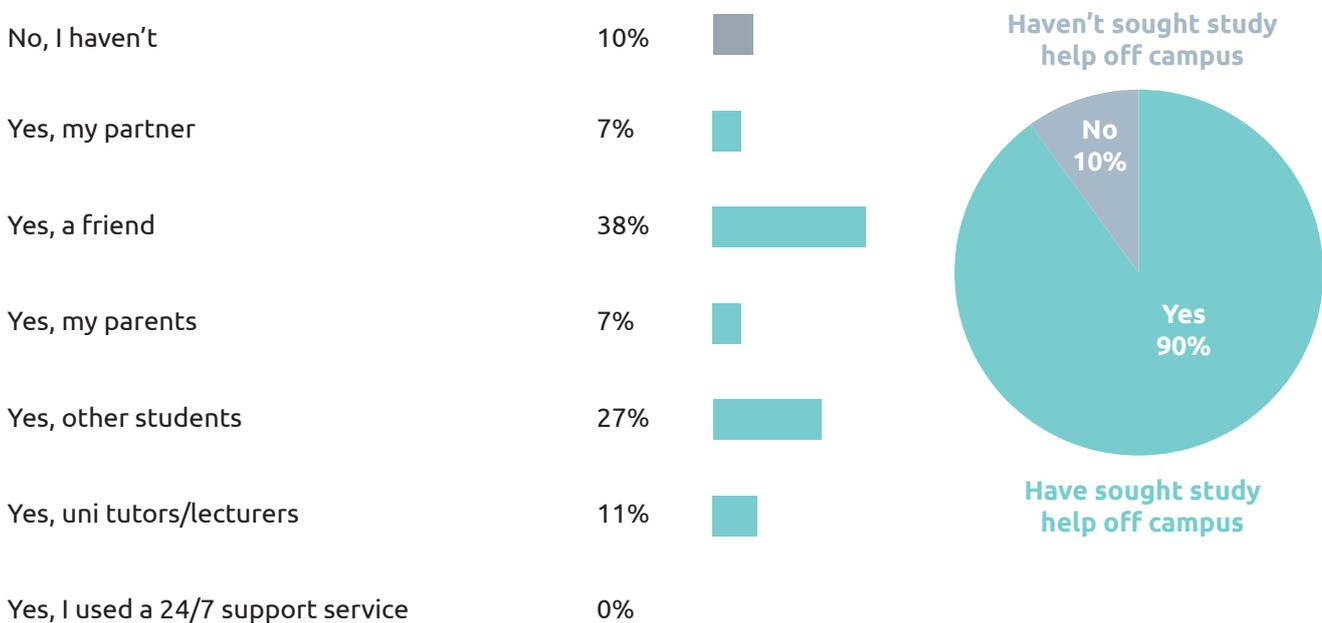
"Perhaps a chat system when [a] tutor can log on when they're available to help for instant replies, thus still giving them their own time and flexibility to help around other commitments."

"Also 'smaller tutorial and lecture sizes' and 'extra student run support groups' would help combat these issues."

6. Support from personal networks

Q7a. Have you ever needed study help after class or off campus and asked someone you know for help?

The survey found the overwhelming majority - 90% - of students needed to ask someone for study help after hours. Study can be a shared, positive experience for many families but not all students' families and other support networks are equipped to be appropriate sources of study advice (O'Shea, May, Stone & Delahunty, 2015). If a student is the first in family to enrol in higher education, or is part of traditionally under-represented socio-economic areas or culturally diverse groups, they may be placed at an immediate disadvantage when they do seek help, whether from family or friends. Online students were less likely to ask someone for help (26% 'No, I haven't', compared to the average 10%).



First-year students were more likely to ask a friend for help (46%) compared to the average (38%).



Comparing geographies, students in regional Victoria and regional Queensland were less likely to ask a friend, but more likely to ask parents, as well as ask university tutors/lecturers. Students in the ACT were least likely to say they have asked for any help at all (27%). Students in NSW-metro were most likely to turn to friends (44%).

Q7b. "Have you ever needed study help after class or off campus, and asked someone you know for help?" *Indicative responses for supporting narrative, further insight, or areas for further investigation.*

Students commented that friends were a primary point of help, and many commented that they liked to try multiple options depending on the situation. Students' comments also included a variety of barriers to asking for help from particular resources: that they are afraid to ask for help; that it depends on the university staff member; that it's difficult when studying alone; that they don't know other students well enough to ask; that formal study centres can be busy or open at times incompatible with their schedule; that university staff are difficult to contact after 5pm; that being first in their family to study and speak English creates barriers for seeking help at home; that partners or family members didn't understand how to help once content became more complex; and that studying online - or in a remote area - can be prohibitive for help-seeking because on-campus resources aren't accessible.

The overall preference for 'asking friends' and 'other students' may suggest those resources have a more constant availability or offer the fewest restrictions. The variety of concerns and experiences around other support resources may point to a need for flexibility of resources to suit a myriad of personal study and family circumstances. This suggests that resources that suit student location, behaviour, and schedules also need to be taken into account.

The responses also added insight around the impact of asking a contact for help. Frequently, the act of help-seeking gave students the confidence to ask again later or use additional resources. Further study may look at habit-building around enquiry and learning to ask questions, and how to ensure all students have the accessibility and confidence to start building this skill.

ASKING FOR HELP

"Friends doing the same course are usually the number one source of help. Especially in online forums for others in the same class."

"I have asked my parents, friends, lecturers, tutors and just other professors for help."

BARRIERS

"I'm quite shy and I'm afraid to ask for help because I don't like looking stupid."

"I usually contact tutors or lecturers through an online university discussion forum or via their email. But, a lot of tutors/lecturers won't respond to emails or discussion forum questions soon enough because they don't get paid for their time outside of the classroom."

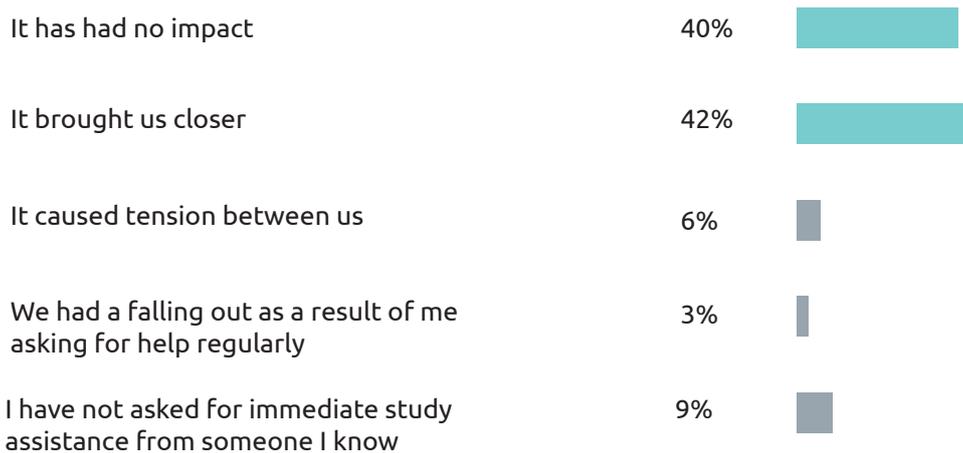
"It's difficult to ask others for help as they don't know the content."

ALTERNATIVES

"When studying on campus I often went to catch ups after class in the library to discuss the classes and problems with class mates. Now that I am online I don't have this option, so if I am really struggling with something I will have a break and come back to it with a fresh mind, use the internet to research or ask a family member for help."

Q8a. How has asking for study assistance from someone you know affected your personal relationship with that person?

The majority of students identified that asking someone they know for study help has had no impact on their relationship with that person (40%) or has brought them closer together (42%). Only 9% of students reported that it has had a negative effect on their relationship.



The vast majority of 42+ year old students (70%) said they had not asked for immediate help from someone they know.



22% of part-time students said that asking someone they know for immediate help brought them together, in comparison to 45% of full-time students.



International students were more likely to feel it brought them closer together to the person (48%) than it having no impact on their relationship (34%).

Q8b. "How has asking for study assistance from someone you know affected your personal relationship with that person?" *Indicative responses for supporting narrative, further insight, or areas for further investigation.*

Whilst the quantitative results showed that asking someone for help either didn't impact, or had a positive effect on their relationship with that person, students identified via the additional comments that asking someone they know for assistance can have both positive and negative effects on their relationships. Whilst getting helpful advice can increase trust, and working on an issue can bring students closer together, they mentioned that it could drive friends apart with separation or jealousy. Students also reported they felt uncomfortable about admitting their vulnerability by opening up about their study problem. They also raised fears of burdening the other person and therefore being reluctant to seek support.

RELATIONSHIP

"It really depends. If you're leeching off someone (or vice versa) - as in, one person is always asking answers from the other - then it can cause tension. If you are both struggling through the content together, having intellectual discussions and see eye to eye, it can bring people together."

"Getting assistance from someone incites a certain amount of vulnerability and insecurity that you trust within someone, so naturally, you tend to grow closer."

NEGATIVE EFFECTS

"When you ask for help and have trouble understanding what that person is explaining, often the other person will get frustrated at you."

"It was a lecturer so the only impact made was the fact that they wouldn't reply to my emails and I would struggle with assignments."

"Some friends are great, while sometimes it causes jealousy and separation."

BURDENING OTHERS

"I often am scared of asking friends for study assistance though as I am scared it will become annoying, so I try to limit the amount I ask them."

"It can sometimes be annoying for someone to constantly ask questions to you. It would be better if I went to a teacher or posted online before asking."

“First one in the family studying law. Unfortunately, I’m the only native English speaker too, so my friends are my main source of help.”

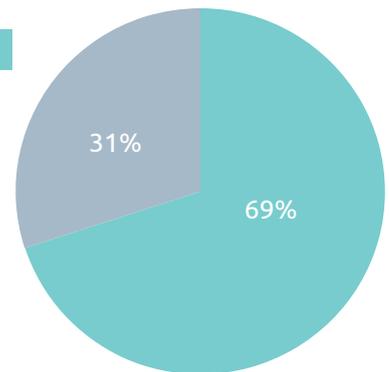
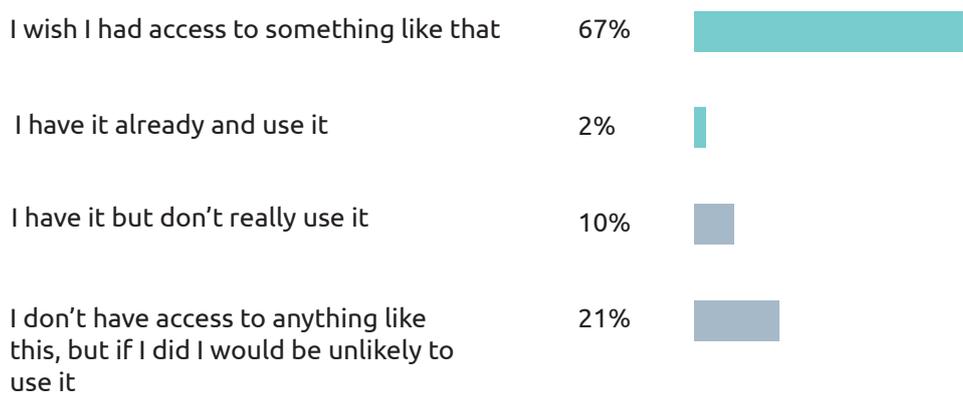
- Survey response to the question “Have you ever needed study help after class or off campus, and asked someone you know for help?”

7. Feelings toward 24/7 study help

Q9a. How would you feel about 'help-on-tap' / 24-7 online study support from a real person?

Students responded positively to 24/7 study support, across all reported age ranges, genders, study modes, distance from campus, current year in degree, and city, regional, and state/territory location. International enrolments, students with higher cost degrees, students in regional Western Australia, first-year students, and students with a full-time load were all more likely to be interested in the support.

Positive towards using 24/7 help



Negative towards using 24/7 help



Females (71%) were more likely than males (53%) to say they wish they had 24/7 study support.



Students with the highest reported incomes (\$75,000 - \$99,999 and \$100,000+) were more likely to say they wish they had access to 24/7 study support (80% and 84%, respectively.)



A higher percentage of international students than local students wished for 24/7 study support (72% vs. 66%).



75% of first-year students responded with a preference for 24/7 study support, compared to 60% of fourth-year students.

Q9b. "How would you feel about 'help-on-tap' / 24-7 online study support from a real person?" Indicative responses for supporting narrative, further insight, or areas for further investigation.

Students used the open-ended questions to place conditions on their ideal 24/7 study support service. Students wanted to know more about the person providing the help, and what they could help with - for instance, course-specific work or study skills. Students questioned whether it would be free for them to use, and whether the response time was fast enough compared to emails or forum posts. Time of night was a consideration based on a need for 'late-night' help. Geography and distance from other resources was a reason for wanting 24/7 help. Anonymity and privacy concerns were noted by several students. Students also stated that they would consider using it in conjunction with other university resources, and some stated that they would rather visit their university teacher or another face-to-face contact.

QUALITY

"It would be a great addition to have. My university does not provide anything of this sort, if they did I would most likely use it as a first option before approaching tutors/lecturers. However, I wonder if the support person online would know the answer to a course/assignment specific question."

PRICING

"I would like this ,but i feel like it would be expensive."

LATE AT NIGHT

"It would be a non-confrontational and easy way to get study support. This service might [be] slow due to many students asking questions and not enough people answering especially during late nights."

"It would be good as sometimes I feel like I am bothering my friends if I keep asking them questions late at night."

ANONYMITY AND PRIVACY

"Although I would be concerned about confidentiality; my personal information and privacy being invaded by a stranger."

"If it was anonymous, I might use it."

"Being a socially awkward person, I think it would help immensely as I find that I don't feel comfortable asking questions on the student forums because I fear that I may look or sound stupid (self-doubt kicks in)."

DISTANCE

"This would be really useful to me because I live in a small town in rural West QLD so it is hard to find help when I need it."

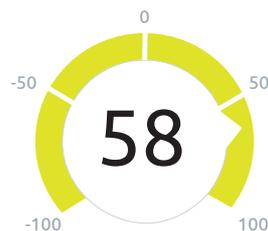
“This would be really useful to me because I live in a small town in rural West QLD so it is hard to find help when I need it.”

- Response to “How would you feel about ‘help-on-tap’ / 24-7 online study support from a real person?”



What do students think of Studiosity?

Net Promoter Score overview



Studiosity Net Promoter Score (NPS)



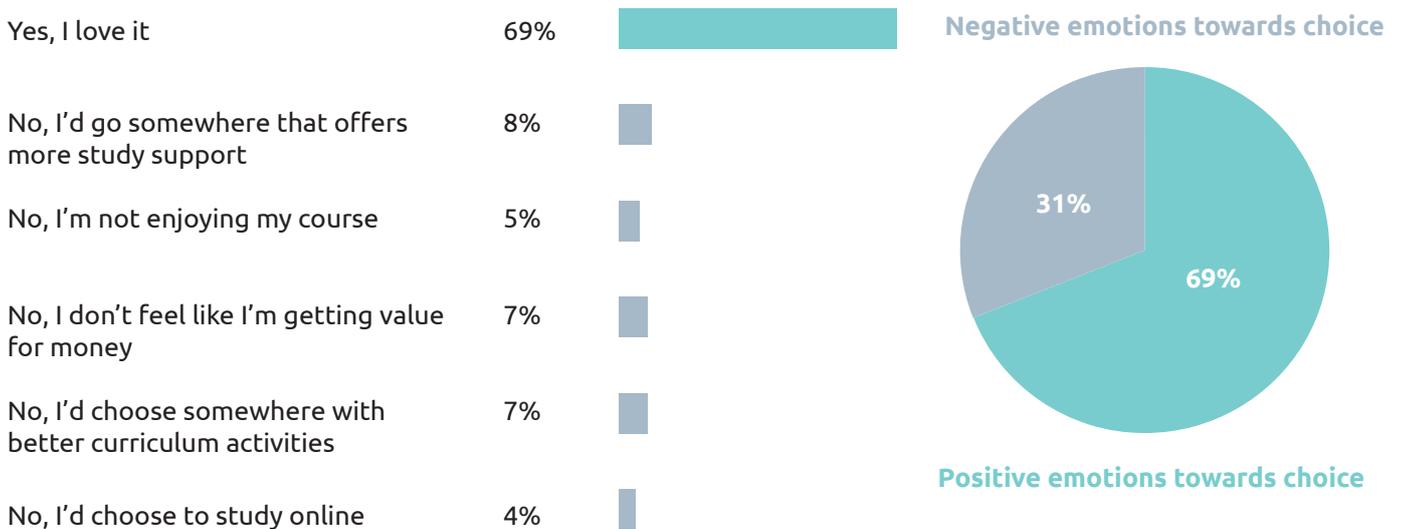
NPS of education overall, over 4000 organisations

- 90% of students received the help they needed
- 92% feel more confident
- 95% find it easy to use
- 89% are satisfied with the service overall

8. University choice

Q10a. If you could choose the university you go to again, would you choose the same one?

More than two thirds of students would not reconsider their university choice, and the remaining 31% of respondents would choose a different institution. Reasons given include study support, followed closely by dissatisfaction with value for money, curriculum activities, and enjoyment of the course. As students progress past first year, they are more likely to regret choosing their current university. International enrolments were less likely to be happy with their university choice.



78% in first year said they would choose the same university, compared to 50% of fourth-year students.



International students were less likely to be happy with their university choice (52%, compared to 71% of domestic students).



Males are more likely to regret their decision, with 36% wishing they'd made a different choice compared to 28% of females.



"A key factor from this study is that students feel better about their university and courses when they feel supported through their academic challenges. It forms a compelling case for universities to provide access to academic assistance - particularly in flexible and online forms to meet students' needs where and when they are studying. Their students will feel more confident and optimistic about their ability to complete their course work."

"Regret is a powerful emotion that can profoundly affect one's willingness to persevere with a course of action. When a decision involves something as important as a career path - and associated university degree - results in regret, it can rapidly descend into a loss of motivation. Educating students on the importance of making choices based on issues like study support, value for money and access to extracurricular activities, in addition to considering a university's reputation or where their friends are going, is absolutely essential."

- Professor Chris Tisdell, Professor and Director, Scientia Education Academy, University of New South Wales and Academic Advisory Board Member for Studiosity

Q10b. "If you could choose the university you go to again, would you choose the same one?" Indicative responses for supporting narrative, further insight, or areas for further investigation.

This question is dependent on unique university cultures, coupled with unique, personal student experiences. Many students expressed satisfaction with their current university - for scholarship, staffing, extracurricular, and location reasons. Most common student responses were even though they were satisfied with their choice, they were concerned about course content, lack of study support, travel or scheduling inflexibility, poor perceived experiences with staff or administrators, and lack of social and extracurricular activities. An area of concern emerging from this data is that a third of students who are unhappy with their choice may be less likely to complete their degree, and less likely to perform academically, which in turn has repercussions for employment at local and national levels.

INTERESTS

"I love my uni, so if they offered a degree that correlates with my interest further down the line, I would be very happy to return to study there again. At present however, I have no plans for further study because I'm currently completing a 5 year degree, after which I want to gain experience in my industry. In the future, I wouldn't mind pursuing further education, but the study I have in mind would likely have to be undertaken at a different institution or overseas."

MORE SUPPORT

"I'd go somewhere else with more study support and course options."

"I'd also consider moving somewhere that offers more study support."

TRAVEL

"On campus is great and fun but I want to get a job so I can earn money on the sidelines which cannot happen when I have to travel to uni every single day."

ADMINISTRATION

"I would go somewhere else but not for those reasons...my uni is disorganised and has recently undergone changes to its admin/staff and its affected us as students."

"I would probably go to the same one, but I wouldn't use the term 'love it', there are a lot of errors in the course that could be ironed out."

“I would like a bit more study support and better communication. But I wouldn’t choose another uni for my course.”

- Survey response to the question *“If you could choose the university you go to again, would you choose the same one?”*

9. The future of the campus and students' hopes for change

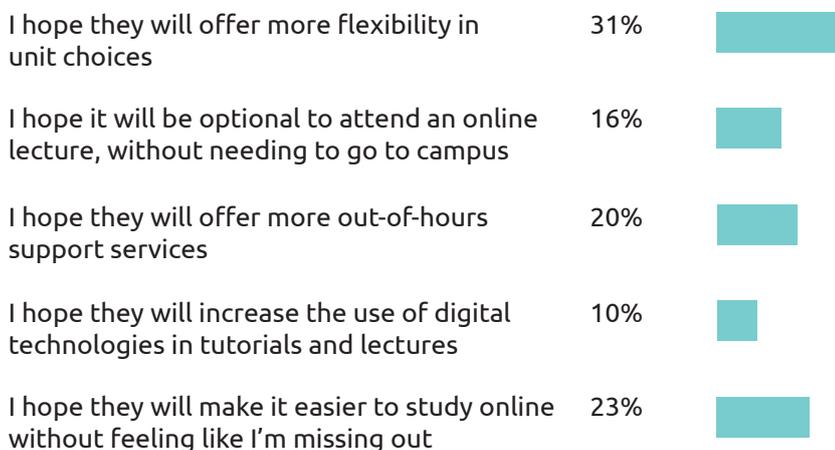
Q11a. Do you think physical university campuses will exist in 20 years' time?

Q12a. How do you hope your university will evolve in the next 5 - 10 years?

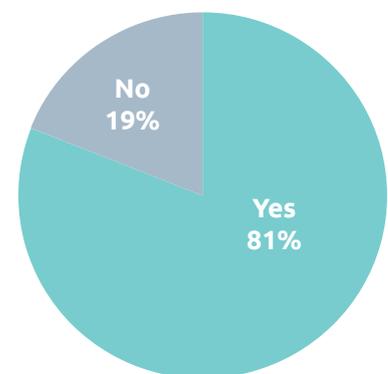
The survey revealed that 19% of respondents don't believe physical campuses will exist in 20 years' time. Those aged 34 – 41 years of age, and those registered as part-time students, were the two most prominent groups to believe this. Interestingly, women and international students were the least likely to question the existence of the physical campus 20 years from now.

The survey showed that 74% of students want universities to offer more flexibility in unit courses, to make it easier to study online without feeling as though they are missing out, and to offer more out-of-hours study support services. These three areas were the same across all genders, states and territories, indicating broad areas for university change and progress, with the potential for overall positive impact on student satisfaction.

How do you hope your university will evolve in the next 5 - 10 years?



Do you think physical university campuses will exist in 20 years' time?



84% of internationally-enrolled student respondents believe campuses will exist in 20 years' time.



80% of casually-employed students believe in the future of the physical campus, compared to 68% of students who work full time.



“Regardless of where a student is – on-campus, off-campus, the distance they live from campus, if they are internationally enrolled or local – everyone deserves the opportunity to study flexibly and without being disadvantaged relative to their peers. The results of this year’s national student study and lifestyle survey confirm this gap in the student experience, and universities are coming to realise that it’s time to ensure equality of experience becomes the standard.”

- Jack Goodman, Founder and Executive Chair, Studiosity



From 2010-2017 the percentage of 25-34 year olds who hold a Bachelor or higher degree and live in remote and very remote areas has increased by 8.4% to 22.9%. However, they are still only half as likely to hold a degree as those from metropolitan areas (44.6%) (Universities Australia, 2018). More accessible education is one reason for this increase, and enhanced support and capability-building pathways could improve higher education success even more in the future.

Q11b. "Do you think physical university campuses will exist in 20 years' time?" *Indicative responses for supporting narrative, further insight, or areas for further investigation.*

Although more students study off campus and only visit the campus for particular sessions, the survey respondents still see it as a space to socialise, as well as a learning environment. They also mentioned that they wished study would become less expensive. Whilst students still acknowledge that face-to-face help is essential for a most effective study experience, they appreciate being able to study online and would like more flexible online support.

SOCIAL SPACE

"I hope so as it provides a more all round learning experience to be able to create better graduates as the social aspect of uni with the relationships with lecturers, tutors and peers is very important in the workplace as well as the actual information being learnt."

"I sure hope they do, because they provide many benefits such as communication, making friends and experiences, and it gives you a greater sense of purpose for completing your course."

FLEXIBILITY

"I think they will exist and I think it's important that they exist however I think courses will be a lot more flexible and available online."

PHYSICAL PRESENCE

"I think having a physical campus and having the responsibility to turn up and get work done is an important factor in a student's motivation to complete their course."

"While not always convenient, I am of the opinion that physical campuses will continue to exist for quite a while, especially when taking into consideration the vast number of courses which require a practical component. Even with the advent of virtual reality technology, human contact in such cases is, in my opinion, very necessary to learn the skills required."

Q12. "How do you hope your university will evolve in the next 5 - 10 years?" Indicative responses for supporting narrative, further insight, or areas for further investigation.

Students' visions for the future confirmed their wishes for their present student experience: more flexibility, for instance, with combining courses and designing their timetable, more out-of-hours support, and technology that enhances their off-campus learning and reduces commuting times. They emphasise that personal contact with their lecturers remains important. Technology can be used to deepen their understanding of certain content and expand course access to remote learners.

TECHNOLOGY

"I don't mind attending tutorial/contact lessons because it really does help to attend those in person. However, lectures online are actually more efficient because I can pause, skip and rewind, and watch whenever I have the time to do it. This would help a lot."

"I hope they will still offer on campus lectures where you can better interact with your lecturers and peers. I do not want universities to solely offer online courses with limited on campus options."

TRAVEL

"I would love to be able to attend online lectures due to the fact that I have to drive at least 1.5hrs to uni."

"Study tools online for use at home are essential when you can't always make it to university (due to the distance and frequency) just for one tutorial or question."

FLEXIBILITY

"There are a lot of courses that I feel that I am missing out on. There is never one course that I feel would let me do all of them. If only my university allowed more flexibility to swap, drop and take more units."

"I hope they offer more courses and are more flexible/accommodating when a student comes along that wants to study something that isn't normally done."

OUT-OF-HOURS SUPPORT

"I hope they will make help supports more easily accessible and provide 24/7 support as not all people can make the allocated support time due to other commitments such as work."

"I wish they filmed the lectures and tutorials, offered more materials for those online and the 24/7 support"

“I think they will still exist, however, there will be a much larger focus on online learning and a lot less physical lectures. I think practical aspects like labs and hands-on learning will still remain as there is no substitute for that.”

- Survey response to the question “Do you think physical university campuses will exist in 20 years’ time?”

Recommendations

Section 1: Emotions towards isolation and studying alone

To remove a sense of isolation, students have to feel part of a community. We recommend that universities create a virtual and face-to-face environment where students feel they are members of a holistic learning community.

In order to create a sustainable work-life balance, we recommend universities help students to develop the skills to manage their workload and study, with initiatives such as workshops, courses, and online seminars.

Section 2: Enhancing student confidence

Universities should offer face-to-face and online, after-hours support to all students to help them feel more confident about their studies, as part of a personalised experience to enhance student performance.

We also recommend that universities provide support for students to combat stress that arises as part of their educational experience and can interfere with their success. Such support programs could be wellbeing seminars, and courses that assist students with building skills and habits around help seeking when they need it. Further, many students reported that they aren't aware of the services and programs that are currently available. Therefore, universities should ensure their communication and engagement activity closes this knowledge gap for students.

Section 3: Feelings towards university choice and the future

Universities should create a more inclusive and flexible learning environment for students that allows increased flexibility in unit choices and makes it easier for them to study online without feeling they are missing out on a broader university experience.

Conclusion

The data gathered as part of this project has shown that different aspects of students' wellbeing and study life can be improved in a variety of ways, including: making studying alone more comfortable for students, helping them to reduce stress, and adapting course designs to include more flexible unit choice options.

The insights students have provided with their responses could inform future research projects, such as in-depth case studies of cohorts of different student populations, including domestic and international students, school leavers, mature-age students, and metro, rural and regional students.

Students frequently spoke of stress. This needs to be investigated, in particular in regards to what the stress factors are and what interventions would help reduce these.

We have seen that many students are comfortable with studying alone, but others aren't and are accepting their situation out of personal necessity, whilst experiencing emotional and learning drawbacks. They have also stated that they want support that is more accessible and adds value to their learning.

Studying isn't always easy, and we believe that it is important to address factors that can stand in the way of student success. We believe that more students should be able to enjoy a rich learning experience where they feel supported and are able to manage their work-life balance as part of their overall educational journey.

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A young man with curly brown hair and a light beard is smiling warmly at the camera. He is wearing a light blue button-down shirt. The background is a plain, light-colored wall.

“English is not my native language and despite I am getting more confident at the time of writing for academic purposes. Studiosity feedback is of great help to sharpen up my work to the standards I am seeking to achieve.”

- Australian university student, 29 May 2018, 6:35pm

Q1b. Additional comments to the question *How does studying by yourself make you feel?*

In addition to isolation, it can be easy to be unmotivated with the false sense of 'I have all the time in the world to do this uni work'
Can be hard to concentrate, need coffee.
A lot of distractions at home
Don't really have a social life during the uni semester
Boring but just get it done
I hate studying, always unmotivated
There is no room for self doubt, I am taking loans for an expensive uni. The only option for me is to succeed.
Very stressful
I don't know whether I'm studying the right context and enough of them or not
I worry that I am not studying 'correctly'
It is often hard for me to make a start because I feel unmotivated after a day of work and I also live out of home so I have a lot of housework to do and cooking etc so it is hard to get everything done.
And get tired and sleepy
I find it extremely hard to convince myself to study by myself
Depending on the topic and my confidence in it I can find it hard
I find I have no drive when I study by myself or externally at home.
I easily get bored and lonely when studying alone
It also results in self-doubt
I generally feel unmotivated, uninterested and struggle to motivate myself
Difficult to make friends due to low contact hours and varying classes
And isolated as often you spend hours of time alone
I get stressed induced anxiety and start to feel unmotivated.
I have ADHD so studying is difficult regardless but the right people can help motivate me
Also feel unmotivated.
I feel unmotivated but it's better than studying with friends bc I get distracted
The study load and work makes me work late at night which sometimes leads me to stay up really late. I get minimal sleep sleep then I can't concentrate in class
Also unmotivated
There is pressure to maintain marks to keep my scholarship
I am tempted to just sleep, check my social media and laze around, especially if the place has dim lighting.
it makes me depressed too
Can make you feel like you're not taking anything in that I feel I would like a friend or someone to look over the work I do at night by myself
I know I am losing out by not studying in a group
Easily distracted
Doesn't seem like studying by myself helps me remember anything
I like to have people around me but don't need to necessarily know them - i.e. I don't need to talk to them and won't be distracted by them but I'm not isolated.
I love interacting in class and forming relationships rather than being alone studying
I get more work done studying alone
it's better because nobody can disturb or distract you
Sometimes you get more done on your own by covering the basics
allows me to focus
I enjoy studying by myself
I concentrate better by myself
but I don't relate to most of the other students as they are

way younger than me
I study best when I'm relaxed and away from other people
I prefer to study alone; otherwise I get distracted.
It gives me a little independence
It allows me to focus a lot more.
I can only study effectively when I'm alone.
I can't study with people because I always get distracted. I'm always subconsciously finding ways to procrastinate.
Prefer studying alone
I prefer to study alone
its quiet so I like it
I find I study best alone.
I can sometimes feel unmotivated
although for the most part I am more than okay with it
I feel less distracted when studying by myself. When other people are around I feel demotivated, as if their progress makes me feel bad.
People are distracting
I am able to focus when alone.
I prefer to study by myself as I learn best this way. Quiet is very important too.
I prefer to study on my own
People and noise are distracting, I need quiet.
I get distracted if I am not on my own
I prefer studying by myself as there is no one else to talk and distract me
less distractions
I can focus easily
Most productive when I'm alone
I love studying on my own is the only time I don't get distracted
It's easier with fewer distractions than doing the day
I prefer studying by myself
I prefer studying on my own, it helps me focus.
I tend to focus better when by myself
Less distractions
I find it easier to focus.
I study music- so you have to study by yourself when you're practicing
I like working alone as it allows me to talk a problem through out aloud without disturbing anyone.
it is better as I can concentrate more and there are less distractions
Prefer studying by myself. Groups are distracting
I get distracted when studying with other people
Focus better by myself
More productive studying independently
This is the time I am most productive
I prefer to study alone, or I'll talk too much
It is hard to study when disturbed by others
studying alone makes me more focused
I get FOMO when I'm not talking to friends
I love studying by myself. I'm a music student, so doing my theory myself is beneficial.
I feel like I can focus more when I study by myself, as I don't have anyone to distract me. If I do get distracted, I know that I am the one to blame.
I am able to study the way I want and when I want when I am on my own
I just prefer studying on my own with music or background noise
Studying by myself makes me feel more engaged with the subject matter, especially working on assignments as I can 'get in the zone'
I enjoy studying by myself
I've always been able to find a good study routine

It's pretty boring but I get less distracted.
I like studying alone
I'm study best this way
Most of my study is done in this way
Working as a team motivates me
Helps better with the right people
I prefer to study with others as it keeps me focused
i would rather study in a group
It can be good to work in a team though because it can give other perspectives.
Prefer to study with others
I mostly am comfortable with studying by myself, less distractions, however I can sometimes feel unmotivated and sometimes isolated living quite far from my campus.
Some people study better in groups, however I find groups distracting. It definitely helps to work on exam questions together once you have all individually written your own answers - however, I firmly believe that people should at least attempt to answer something on their own before consulting others, otherwise it just holds other people up.
Studying by myself is usually quite productive unless I have a really tough but to crack or if I'm doing a last minute cramming for an exam which is usually effective when I do a group study.
Solitary studying is useful for shorter stretches, and I'm usually okay with it, but its harder to motivate yourself
I do tend to procrastinate a lot when I'm alone, but studying with a group leads to off topic distractions.
Is this as in taking night classes? Or like revision and assignment writing at night? Cause if it's the former, I find that often I get to the end of the day and then have to attend class and find it hard to concentrate or focus because I'm tired. If it's the latter, I prefer to study during the day because I find that I'm less productive and more likely to procrastinate after dark
I like to study by myself sometimes and other times with a group of people who I work well with.
sometimes it is hard but overall its fine
Studying by myself on typical days is usually fine but leading up to assignments, tests, orals, exams, etc. it does make me nervous and I do doubt my abilities as I do not know what other people are doing, etc.
Studying by myself is great because it allows me to focus on what I need to spend more time on, however, it is nice at times to study with a group of people depending what subject or topic I'm going over because you can cross reference notes and share ideas.
Am comfortable, but can be a struggle to stay on task and study productively. I work better with my close group of hared working friends
studying by yourself is important as others can be distracting, should find the time to study in both groups and individually
When I study by myself and I understand the content, I feel comfortable. However, I do begin self-doubting if I do not understand the subject all that well. In which case I often look for assistance i.e. from my sibling or tutors/lecturers.
Studying by myself is fine. Although i need help from time to time which makes me feel uncertain & a little worried
Studying by yourself can be productive but also lonely if done regularly
I sometimes work better but I tend to slack off more alone
Less distractions and I can focus more. Studying in groups can certainly have benefits too though.
Its good if you know what you are doing but can be hard if you are unseure or do not like the topic

A bit of all the above studying with out people to talk to really sucks
I love studying by myself and then sending friends questions when I get stuck. I think studying alone works better for me, but it's also so lonely!
It is boring sometimes but I felt comfortable.
Comfort sometimes leads to procrastination and therefore unmotivating.
Sometimes I enjoy studying on my own
I get more done alone than as part of a group.
but i find that i study well doing my own thing in a group of people also doing their own thing because it motivates me to actually study and not just go on youtube
If content is difficult to understand, i will ask someone but i usually study on my own to avoid distractions
Studying with friends is nice, but they're a real distraction
I often find it helps motivate me to study alone, however it can become isolating and lonely
I feel comfortable when studying by myself but also unmotivated
I feel more focused by myself but feel like I get a better overview of more facets when studying with others
I get easily distracted if i'm alone in my room, but studying in a library or a place where there are other students studying makes me feel at ease
I am lucky to be one of those people who feel comfortable whether they are able to study independently or in a group.
There are others in the class, though, who I know struggle with one or the other, or both.
It does lack the motivation of being alongside other people but I far prefer it to all the complications of going along to class. I also tend to chat to other students in Facebook groups that I normally set up on behalf of the students in my units.
I sort of feel all of the above. It changes. I'm mostly ok with it though.
I like to do study by myself but last minute revision before exams I prefer to do with friends
Depending on the subject of study depends on whether I prefer to study alone or not
I concentrate well when by myself but I can be distracted without someone else to keep me focused
Sometimes studying alone can be productive and peaceful, however often I worry that I don't understand or am studying the wrong thing
studying by yourself means that you don't have anyone to compare yourself or your progress too. What might be a lot of progress might seem too little if you don't know what anyone else is doing. Other people can also give you important information about assignments and tests.
it depends on what I'm studying, if I have friends or not, and how good the lecturer is for that subject.
Ultimately it comes down to what I am studying, if I am struggling it leads to all of the other options
I'm comfortable with studying by myself but I also like studying with others. It gives me the opportunity to ask any questions i might have.
I have moments when I feel confident and feel self motivated and have a greater understanding however sometimes with more difficult or complex terms I self doubt myself and have trouble focusing and get easily distracted
I enjoy studying and due to work and family comittments sometimes i need to study in the evening however it can result in me second guessing myself and knowledge
i can get distracted with my own thoughts very easily but

also can be more productive depending on the work
I like studying on my own but not at home in my room. I'd rather be in a library with people in my surroundings. I feel less anxious and isolated that way.

Some of these responses are true some of the time, but a majority of the time I am very happy studying on my own and actually prefer it
usually, I prefer to study on my own. same goes for the group work, once I've done my part I am happy to meet in a group and discuss our progress.

I work well on my own and that is how I do my assignments but I still lack motivation towards the end of the semester. I love studying by myself but it comes down to motivation, and when you feel down, there really isn't any motivation. Sometimes I will be unmotivated and distracted but other times it's great

It differs. Sometimes I have no motivation
i prefer to study by myself because i am able to go at my own pace and focus on what i want to. however sometimes it is nice to study with friends because they can help with things i don't understand/know.

It's easier to concentrate at times but there are too many things that distract me when I am alone
Comfortable but needs affirmation when uncertain
I feel most energized at night-time. 10.30pm-12.30am seem to be my most efficient hours.

Studying at night helps me work harder as I feel like I have a shorter deadline, so long as I am not sleepy.

In high school, especially in the last two years, I have felt particularly unmotivated to study, even though actually studying would likely have enabled me to achieve very highly. However, I do typically feel more at peace when studying at night than during the day.

I am much more focussed and productive when i study at night

I prefer night time

I work best at night. I don't like mornings.

I prefer to study at night

I can concentrate more on my studying at night

I usually study at night because it is last minute.

I either have classes or I work during the day. Studying at night is my only option.

An upside to studying at night is that it leads to a higher level of focus

I am only comfortable studying at night when i am home alone

Love studying at night. Super quite and no distractions.

I am a night owl anyways i tend to focus best when the world is more quiet

I enjoying studying in evening after i have had an afternoon nap, breaks up the day more

I work all day and study in the evenings by myself as most people are asleep.

Studying at night by myself is when I work best

I feel more productive when I study at night after everyone else has gone to bed (I have no idea why!!)

I'm not generally a night studier

Feel tired at night after a hard day

I am too tired to work well at night

just feel too tired as well as unmotivated

because it's the night so i'd want to go to sleep

honestly, i'm too lazy to study unless i have exams

Stress is a problem, alongside balancing all the work and study.

I prefer studying under a low to moderate stress level as that has beneficial properties for the mind and body.

The travel time can be difficult, but it is manageable - as long as I remain motivated!

nothing thanks

none

I am very extroverted

After the camera in the bathroom at <university name>, its made me feel cautious

I wish i could be close to family for food and financial help

I honestly don't really study

No mot really

I made friends at university through student clubs

The middle three abswers above all apply

Q2b. Additional comments to the question *Do you think struggling with study when you're alone (after class or when you leave campus) makes you think about quitting your course?*

I don't know. You just need to find help - be prepared to overcome your own anxiety and yourself and ask for help. When I'm struggling, I ask my friends for help. I have thought about quitting my course once or twice, but never seriously and I'm now at a point in my degree where I can see the light at the end of the tunnel, so to speak. I really enjoy my degree and I think it's a good fit for me so generally no, however, sometimes I have to take electives that don't correspond with my interest area which can be frustrating and unmotivating. I start to rethink my degree once it hits 2am morning of my deadline. When I've felt lonely in my studies I have considered quitting my studies. Certain assignments can be quite daunting when I don't get adequate help from the lecturers and have led to times when I feel like quitting and going back home. I have at least one time (nearly every semester) thought I was not cut out for University. especially, if I am struggling with the content of the subject. However, when I am stuck on something I don't understand, I think about how much less stress I would have without study. I did drop a subject because I wasn't comfortable when I had to do everything on my own and I couldn't catch up. It was hard. Only if what I'm studying is confusing me... If I understand, I don't think about quitting. No, but I sometimes get really stressed out if I don't understand something, and start to think I'm not smart enough. At least once a semester I work myself up into a panic. Without mates to study with, it can get a little discouraging struggling to study on your own. I have thought about quitting course but not in regards to study. Might be an issue for younger students, but I've learnt to be okay with it. no. na. Studying is hard when you do not do weekly revisions; or if you haven't written any notes/listened to any lectures! No. I have a mental illness with the major symptom being emotional dis-regulation, (quickly changing and very intense emotions) and trying to study really brings it to the foreground. Studying alone is what I prefer. Although it is hard at times, I know it is all for a good purpose which keeps me going. my a social nature makes it hard to find a group to study with. I feel like going through the struggle will only build will power and if you're not willing to push through or commit 100% then the course you're doing really isn't what you truly want to do and won't be worth the struggle in the end. I love studying. I often prefer to study alone. I generally expect to study alone. i enjoy the alone time helps me concentrate. I study better alone, studying with other people is not productive. yea it can get lonely. I think that at some point, most everyone will have doubts about what they're doing, even if very passionate about it. Everyone will have difficulties at some time, and that

is something that will be worked through, with help or without. I've studied alone after school during primary and high school. Not too sure what there is to struggle about? Personally, I get more distracted when studying with others. When the work load is difficult it is hard to remain positive. Studying alone is definitely not a deterrent from continuing the course. I'm very committed to the course I'm doing and try to keep a positive outlook. It's very hard and I struggle to study but I don't think about quitting, only how I can pass to get through my course. If it were easy, it wouldn't be worth it. the pressure of it all can get stressful if left to the last minute. I have no problem with studying alone. I sometimes struggle with study a lot, but I really want to get a degree, so I don't find it troubling me. I've never thought about dropping a course, it'd be a waste of money. Even if something is exceptionally difficult for me to grasp, I always have at least one method of recourse - I can visit a lecturer during his or her consultation hours, message a friend who might have some insight, or look up past students' notes. I'm not an exceptional student by any means, however I figure that scraping by with a pass is better than redoing the course and falling behind in my degree. I study better at home by myself. I struggle but I push on. I prefer study alone. All my friends and I question the validity of a degree in this day and age. I like studying alone. making friends is super essential. I never have that thought. No, for me. However, this depends on the nature and personal circumstances of each individual. Makes me regret not choosing the course I really wanted initially. Lack the support living off campus. Easier to hide away. Not because of studying alone, but just uni in general. I feel that every university student feels like quitting every now and again for various reasons. Maybe I might think differently when I start my course. I will be doing science subjects that i haven't done well in before so small difficulties along the way arouses thoughts like this is impossible. Its more the context that wants me to quit not studying alone. It depends on the units I am studying. If I am not enjoying the content of the units, sometimes it is hard to get motivated for any of the University work. Depending on the unit. Some units I will study for hours on end but others tend to make me want to procrastinate. It just depends. at the start of the degree it was near constant but now im getting used to the crushing work load. It makes me very upset but not to the point of quitting the course. Thinking of quitting is constant but it's part of the whole journey to getting your degree. Sometimes feel like changing course. Sometimes the subject is hard and it make me motivate to quite sometimes. Never had any thoughts about quitting my course but in some instances do wish for a break/pause.

My best classes were with a group that I really enjoyed working with. It is all about your subjective experience of classes and university that make it worth doing, and friends can make your experience a lot better.

Study motivation has led to a lot of doubt and several course switches since I began University.

nah, i have paid for it!

I currently only struggle when i don't understand the content.

My struggle is usually due to not being sure if the course is the right one I should be taking for my future, rather than whether I think university is right for me or not it is expected to study additional hours after class to revise the information

I enjoy my course and the content just sad that I am alone Everyone questions whether or not their course is right for them

It just makes you feel a bit deflated at times Especially during difficult assignments or exams.

I think the stress of studying and working and trying to achieve the results to achieve your dream career can be very stressful and also other aspects such as the expenses can be overwhelming and stressful

Personally, I study best alone. No distractions just my thoughts. Although assistance is always nice i don't enjoy studying it is just the means to the end that has to be done

I don't mind being alone after class or when I leave campus. I'm use to it.

I did drop a subject because I wasn't comfortable when I had to do everything on my own and I couldn't catch up. It was hard.

If I go home straight after the class, I feel I will not do anything for rest of the day or accomplish. Which makes me anxious.

Only because I am not sure the career my degree will allow me to access is worth the struggle.

While I have not thought about quitting my course, I have thought about re-taking the class if I ended up with a fail grade.

That mentality is wrong but unfortunately that is how I feel. Study shouldn't feel like a struggle if the material is being taught correctly

You feel like you aren't smart enough for the course

It's something that i need to face

I'd never actually quit though

Q4b. Additional comments to the question *Do you think all-nighters could be reduced with 24/7 study support available when you finish your class or leave campus?*

All nighters are mostly a result of poor time management rather than a lack of study support
As bad as all-nighters are i believe that it is up to the student to prevent them. Study support may help u prioritise and all but ultimately it's the student's duty. We need to do things for ourselves. Self dependence.
I think more often than not all-nighters are the result of poor time management.
All-nighters are usually just from procrastination, not a heavy study workload,
All nighters only happen because of my procrastination.
If one cannot make time for the study, the amount of support given won't matter.
The majority of people who pull all-nighters aren't the ones who are struggling with the content. The only people who pull all-nighters are those relatively confident they'll pass even without putting in the expected number of hours. I think 24/7 support is a great idea, but (1) it doesn't seem feasible, who would provide that kind of support? They would need to be paid, and it sounds like it'd need to be 1-on-1, which makes delays inevitable; and (2) I don't think it'd reduce all-nighters. All-nighters are pulled the night before an assignment is due, and uni staff aren't allowed to help with assignments anyway. Not many people pull all-nighters before exams because being tired for the exam won't help, and you can't learn all your content in a night anyway.
One on one study support would benefit so many students like me who are shy and would prefer help individually. it would be very useful as it not only supports my studies but also psychologically and emotionally
24/7 study support would be useful especially for students who don't receive any assistance (e.g. tutoring) outside regular class
Not 24/7 support but after-hours would be ideal
But it has to be good support. A Skype or messenger chat study group with people who know the university and discipline
A lot of my all nighters in high school were more imagined need to study then a reality, having more support could help tell the difference.
It really depends on how study fits a student's lifestyle rather than the support given, in my opinion at least.
It's not really the uni's problem if you have to pull an all nighter, so they shouldn't have to bear the cost of student's mismanagement. If there's a legitimate reason for being time poor, more often than not Tutors and Subject Coordinators are understanding and willing to grant small extensions
While I think this could reduce it, the cost to benefit ratio of this I don't think is there - as it would only benefit a few people
I think all-nighter depends on the person. Whether they are lazy or not, whether they are busy or not.
I don't think study support would help.
it would be much helpful for students
maybe, im not too sure, I think its really dependent on how it is delivered to the students
I think with good time management all-nighters can be reduced, however, I think everyone at some stage in their degree will need to pull one to meet deadlines. It's part of the journey
Honestly, it's all time management. I think there is enough support out there but most people either don't know about it or don't reach out to get it.
Depends on the subject. Some people don't work hard then

blame a lack of support at uni. In my experience support is always there if you look for it.
hopefully
I know from experience that most people who do all-nighters have usually left it to the last minute or are so busy they haven't had the time to study it during the day, or have many assignments [in which case study support wouldn't add positive effect as it probably wouldn't be used].
I think it would be really selfish to ask someone to provide you with 24/7 hour support because you couldn't reach out during normal working hours/ send an e-mail- unless, of course, lecturers and tutors got an impressive salary hike.
Also, I feel like this would encourage laziness. Like hey, I could just contact Teacher X at 3am, why should I study now when I could spend the day shopping? Later, I can just get someone to help me solve the problem instead of attempting a few times myself. (As someone who teaches at a drop-in tutoring centre, this is what happens to me all the time)
I don't do all-nighters as I find I just can't concentrate but my friends that do need all the support they can get.
It wouldn't have to be 24/7, maybe just from 5am to 11:00pm.
Additional support can give students advice with studying. I know numerous people who "after hours" worry about not having any help and stress through the night trying to tough out their study.
Most of the time I've had to pull all-nighters is simply because there's too much work to do and not enough time
In my opinion it's not really about the support but the individual's discipline/study habits/social network
I don't need support...i need more time!! Pages upon pages of work don't write themselves...
help on the revisional points of the class if needed?
it's up to the student to not leave assessments and study to the last minute, which is usually the reason that all-nighters are 'pulled'.
Not for me because I know what I am doing, just that it is the only time I have to do it.
we need to get help with the content and with what we are actually taught
"I think to reduce all nighters we need to learn how to manage our time better and prioritizing your study
Students need to focus rather than leaving things to the last minute"
I dunno.
it is unreasonable to expect quality support would be available. uni's don't have the money for it.
Possibly, but by how much I am not sure.
Yes I totally think 24/7 support will help because when I have queries, all I can do is email my lecturers and wait till the next morning or day after. And there isn't any support available on weekends.
But travel is an issue
Would be good
More of a maybe than a yes
Though i am not usually comfortable with going
It's more the loneliness of university than not having study support. If that study support was coming from students in higher year levels, then yes! But otherwise, it wouldn't make a difference.
For sure. Especially when it takes 1.5hrs to travel to and from uni.
I think people will always leave their work till the last minute anyway
I do not ever study all night

I haven't done any ALL nighters but a few early morning finishes. I find it is actually easier to get the work completed I don't think it's a matter of support for studying, but it's support in learning the skills needed to keep on top of study It's up to the individual to be consistent with their studies. Many people pick up bad habits from high school and carry it through to uni.

Reduced with more comprehensive tasks

I mean it would be more helpful, but I would not make a recommendation to do this. As a student you are made of exactly when and where your support is available. I think making study support 24/7 would not be economically viable I may think differently when I start my course.

due to people generally not wanting to study in a "teacher" environment, it can be uncomfortable and not help with studying at all

That would be soo helpful! One does wonder whether the assistance would be relevant and easy to access.

I don't think 24:7 help is necessary, but help until day midnight would be great

I feel as students tend to leave things to the last minute

Any additional support or help would be very much appreciated

People tend to do all nighters as they either put off or forgot the work, were out socializing or underestimated the task.

There are always going to be all-nighters for Uni students.

It is just part of the deal - we are adults, we have other things going on in our lives and sometimes we run out of time during the day. But to have study support available 24/7 would make it easier to understand the content we are dealing with in less time, rather than have to read things over and over trying to understand it.

Not for my situation. I only pull all nighters to meet deadlines on assessments. I also rarely rely on university support for my studies. Only to clarify requirements and the occasional ambiguous bit of information.

Sometimes all-nighters are necessary because of large quantities of content in course to be studied or lots of work to be done

Regardless of how much support is offered, everyone has different work/life needs. Some people are also carers or parents.

24/7 support would be so useful, especially to me being an online student because assistance is hard to find and help is hard to get when you only study outside of "standard" business hours.

It will be really helpful for me and also for those who is straggling with their studies

Improving time management skills would be best for reducing all nighters

Those people usually dont seek help

I'm not really sure because I don't do all nighters because I can't concentrate

all-nighters are usually spent researching something I didnt understand. If I could understand it faster or better, I would spend less time studying at night

People tend to pull all nighters when they have left their work until the last minute, and that won't change significantly with 24/7 study support

Not all the time a person can help you understand a topic sometimes you just have a lightbulb moment

24/7 support would help greatly in reducing stress.

People would still stay up and it may even increase the number of all nighters because now there's support/tutors you can talk too all night

This would help me understand things quicker so I dont have

to spend all night trying to figure out how to do something Support and more compulsory helpand attendance for class/lectures would help with reducing stress, improving motivation and engaging students

yes as long as people have self-awareness that they shouldn't cram before exam but study more regularly.

24hr support would be a really supportive, especially for cloud students and students who work during the day

I don't pull all-nighters because I try my best to manage my time and take breaks, but I feel as though it might be helpful for other students who struggle and may need the support

Haven't needed to do an all-nighter lecturers or tutors sometimes take ages to respond to emails or don't at all

My current university has this support in place

Additional study support is a good idea

I don't do all nighters but will stay up late to finish and assignment last minute

Work in my type of course comes in ebbs and flows, depending on where we are up to.

Very few students use the support already available

It depends on the kind of person the student is. I don't use online help often and prefer to ask a friend as it will help them understand the work more by explaining the work.

Something like a Discord server was very helpful. Although, I live in a college, so I can just chat with people there

Study support such as Pals or study groups I believe are very effective especially with high intensity courses such as law and can help clarify things in a shorter space of time them studying solely.

If it is done to a good correctly

I think instead of having online lectures and lecturers who don't understand what they are teaching, it would be more appropriate to have more face-to-face time.

Nothing could stop all-nighters. They occur when people are unorganised and don't use their time wisely/efficiently. Students I know tend to not do an all nighter unless it is a week from exams or an assessment due date because they left it last minute, myself included.

I am of the opinion that All-Nighters are only performed by those who are unorganized. The courses are not out to get you or snow you under with work.

This would be a great idea. Sometimes It is very difficult to access lecturers

If I were able to obtain extra help after classes it would be so much easier. Especially for those who don't have anyone to speak to from their classes

It can but being organised will also have effect on top of the study support.

I study classes with not huge numbers of enrolments so I doubt there would be adequate support for me to warrant 24/7 support

It depends why I'm taking an all-nighter. If I do, it's probably because the demands for that particular assessment are weighted heavier.

That won't help with the amount of work and other life-work tasks that take time

People will always procrastinate and it's up to YOU to not be lazy about it; you must have the intrinsic drive to succeed

Some people may find it instrumental to have 24/7 support with the study load, although some people have other commitments which cannot be ignored. For example, dependent family members, or supporting their selves and/or their studies.

Some of my friends have trouble getting assistance with their assignments, but if they had further study support, I think it would help them.

I think it's easier to tackle a study load when you can access support to ask the specific questions rather than having to do an over-the-top amount of work to cover all bases

It would be good to have a 24hr support system for incidental questions

People need to manage their time well so that they can balance between relaxing and studying

I don't take all nighters, just budget time correctly

I've only all-nighted once since I was ill for a week and didn't have enough time to study last minute for a subject's exam.

(I always cram stuff 1 week before the exams and so far so good except for that one time) If 24/7 support was available

to answer small queries I wouldn't put off my studying to the last minute because it's a real hassle facing a question

during revision at night and only getting to ask the tutor

at consultation 2 days later at a certain time. (more if it's

a Friday/Saturday) Getting my question answered when I

meet them (during night revision) would certainly help with

catching up with topics on time.

For frequently asked question that had been brought up in class

I am in a visual communications degree where you are

required to hand make and design things on your own.

i've only had all nighters for uni for one semester and will

never do so again, even if it means falling behind. the effect

on health just isn't worth it.

Q5b. Additional comments to the question *What is the most stressful part of studying?*

It takes me awhile to complete something so i might not have enough time to do other things.
Feeling like I am doing the wrong things in my studying and not being able to check with anyone to see if I am doing the right thing or just simply wasting my time.
The balance of earning money whilst studying and doing well at uni can sometimes be challenging.
Also balancing work and study, especially with the demands of the course I'm doing. We have to pay for it upfront because the government cut the funds for our course and having to work to pay it off is harder now because of our hours and the nature of the course.
Young people (who want a career that requires tertiary study) need to study full time to enter the workforce ASAP, but also need to work intensely at their casual/part time job to support themselves and be able to afford the rising cost of living, on top of wanting to substantially save to buy a house.
Studying part time and working full time is quite difficult. Finding time to do maintain your household, cook healthy meals and socialise is very hard
The study load is heavy and is stressful but it is more stressful when you are studying a difficult topic and there is no one to turn to for help and you get stressed that you will not pass, etc
The most stressful part of studying for me are the grades as the degree is so competitive.
Another stressful part of study is when you have exams and assignments all at the same time and you want more time in between each
I think that its mainly the amount and difficulty of the study in the postgraduate course but it isn't that bad
Not having parents to make sure there's food in the fridge is one of the main additional responsibility that I need to think about now and some days I have too much to study to be thinking of what I can eat for my next meal.
attention span is too short. not interested in studying. lazy like six of these are relevant and stressful as all hell personally, i need to be taught information multiple times before i fully understand it.. i rarely ever get it on the first go
sometime it takes longer to adjust to different systems and ways of teaching
The time commitment is huge.
The fact that I'm accountable for my own studies is daunting! I can be at a party, having fun and I'll remember I have an assignment due the next morning and I just???? with no work and only relying on centerlink fortnightly payment which isn't enough it is very tough, i have house bill and grocery and car petrol too and school books to worry about
It's a mixture for me of high level of study to do, balancing work commitments, not making enough money to support myself without parental help and meeting new people.
While accounting concepts are discussed in my classes, the practical application is still left to me to work out.
To understand the topic properly usually takes me an additional 10-14 hours extra time outside class.
Several units of my course appear to have little relevance to the subject which make it difficult to focus on
Some subjects expect 16 hours worth of work, when you have 4 subjects, that is a lot more hours than full time workers do. Add part time work onto that to survive and it is a struggle.
Sometimes the workload can be overwhelming and time management becomes an issue.

Another stressful part is the weighting of topics inside courses, such as having a 2-hour exam worth 70% of an \$1000 unit. Drop the ball during those two hours and that's not just half a year wasted, but \$1000 more in debt.
I find that my study can be inconsistent. Sometimes I get a lot done/learn a lot, other times I am stuck on the same problem and this means I might not ask for help as soon as I require it
deadlines! Too much to do in too little time!
Assignments are the main area I struggle with and have to stay up all night to finish.
I have to balance work, study, my 8 year old (I have 100% care) and my boyfriend who is FIFO
there is so much study you have to do and you have a vast amount for each subject. it is also very hard to meet friends at <university name> and its hard to balance studying and seeing friends and work
I am a student form <university name> and having to do a degree so that you are eligible to apply for postgraduate was a waste of time. I did a 3 year double major and in some sense helped a little for my postgraduate (further 3 years) but a lot was irrelevant. Postgraduate work load is much more so I'd rather the course to be spread over 6 years but everything we learn we can use. To be honest I have forgotten what I learnt in undergrad. In addition its not cheap either so yeah.
"There's so much competition amongst graduates these days. Having a degree is no longer an advantage, it's a minimum requirement for many jobs. Students are expected to have completed work experience - and when it comes to fields like law, which is what I'm studying, graduates with no *relevant* work experience are unlikely to be hired either. Many students end up trying to balance full-time work and full-time study, which is difficult.
(why full-time and not part time work? Well, when you work at a law firm as a receptionist, which is the most common job for law undergraduates, they don't want you there 1 or 2 days a week. They want you there 5 days a week so they don't have to train two undergraduates to do the same job.)"
I feel stupid when I don't know and have no one to help me while I can get along with most people I wouldn't say any pass strongly into friend territory.
Feelings of "not good enough" that arise whilst studying a demanding course
Whenever you feel like you've done enough, there's always still more to do.
Not having parents to make sure there's food in the fridge is one of the main additional responsibility that I need to think about now and some days I have too much to study to be thinking of what I can eat for my next meal.
Specific issues that arise can often not always be immediately addressed and thus cause frustration
I also don't feel motivated because everyone just learns it in the two weeks before finals through other people's notes
"When you have a topic with not enough access to Help"
I'm about to start uni and I'm rural and I'm scared I won't make any friends
At high school I was used to having my teacher push me to succeed, and at Uni this is not there as often, so the fact that i have to be fully responsible for my studies is a little stressful, but i feel i can cope with it.
Time management is hard for me - I have to balance so much when I'm pretty bad at multitasking.
A lot of people are caring too much about making money and do not take enough effort for study.
Working and attending class takes a lot of time. So much

time that studying falls behind.

Not only are they difficult to understand, a lot of the times, teaching staff don't really help & students don't only study, we work as well

Balancing, Work, Uni and maintaining a healthy life style is also incredibly stressful!

All of the above at times.

Amount of study was also up there especially with anatomy courses.

Uni fees are ridiculously high

I get stuck on things too often, and I feel like asking for help all the time makes me feel stupid and embarrassed.

The stress of studying full time resulting in being undesirable to employers leading me to stress about money constantly

The difficulty of the subjects is hard as well.

Sometimes it is not that the topics are difficult, but they may be boring, or may be about something that, even if it just to you because of your circumstance, may be almost common sense. When you are being taught that the family life of a child will interfere with their schooling (just an example), sometimes you can get into the point of thinking, "I know this, why do I have to study it?"

really all of the options are stressful for me

I work full time and spend many hours a week in commute.

What's left over is time spent studying or socially. Often I will miss out on social events for the sake of my study.

Also the topics are all difficult

It is hard for me to complete all my weekly tasks, however, if I didn't work full-time it would be a lot more manageable.

More so the low contact hours when trying to complete an assignment

Completing assessment task when still unsure of the expectations and requirements

It's stressful finding a balance between work, study, socialising and down-time, especially with the demands of study required to obtain high marks

Not necessarily work but balancing a social life is difficult.

Usually I favour my social life which leads to poor study habits.

I think the workload and time restraints make it difficult, also the cost of living

The most stressful is really balancing home life (family) with study as there are many others in my house and no matter what I say, I will always get disturbed. This is very frustrating and makes studying comfortably at home very difficult.

Group work, where very often my group mates are just free loaders

All of these points contribute to stress regarding uni a lot of things can stress you out. money is a big issue! but also when I have no friend to study with.

balancing work and study is a difficult responsibility and its stressful to pick what topics to prioritise over other topics Sometimes the topics covered can be quite confusing, and during these times it helps to have someone else explain concepts to me

The amount of heavy content that is introduced in all units to learn makes it difficult and stressful

Sometimes a student will be overburdened with as many as 3-4 courses and have to somehow manage their study of each course

Trying to stay on top of uni when there are other commitments to deal with is difficult, especially when there is so much demand from uni work.

Cost of living is getting so expensive, so having to work while studying degrades my performance as after work I am tired and unmotivated, but also stressed about not getting assignments and studying done, but also how I'm going to

afford bills and food

Focus is the most difficult thing

Although I love my work and would go crazy if I only studied and didn't work, it does make it more difficult to have enough time for both and thus leading to not passing a unit.

The amount of study can also be stressful

The amount of time we have to study, it is also difficult to study when the topics are not particularly of interest to me.

Not sure why I can't pick 2-3 options for the question above

One of the biggest frustrations is maintain a healthy balance between work, study, family, friends, health and income and due to all these external pressures it can cause a high load of stress and overwhelms your life

Being able to balance a workload while also having to work to pay rent and insurance as well as travel fares

Also balancing work and study.

It is stressful in the later years of your degree because the topics and content, of course, become harder. The readings become harder to comprehend and I have less time for me to relax as a result.

Working upwards of 40hr makes Uni feel tricky yet I still manage with Distinction averages. I don't understand students who struggle with classes who only work 10-15hrs pw.

I study externally (online). I find it very difficult when there isn't enough material available.

Missing out on social life is also stressful for me as I generally prioritise study over social time.

If I could choose more than one answer I would've our meeting new friends, paying for uni and balancing work and study life. This is because I'm a very shy person and because of this I haven't been able to make new friends and this leads to not being able to get help from other students when I don't understand something in class.. it has also been hard to focus on uni when I work two different jobs 5 days a week. I do this because if I didn't I wouldn't be able to afford petrol to get to uni as well as the extra payments I've had to pay while studying at uni.

I believe most fits students but studying smart is the key to reduce all that stress. If you don't know, best to find out rather than thinking you got it covered.

Not necessarily the workload itself, but because I am not wholeheartedly dedicated to the career path I chose and I am unsure if it is something I actually want, it makes me wonder if the hours I put in are worth it, which makes heavy workloads stressful because I LOATHE doing the work.

tbh all of the above options

Sometimes when assessments overlap it causes setbacks which make life hard and make you fall behind.

I work really hard and understand the need to learn by yourself but sometimes I think lecturers/tutors use that as an excuse to not help after class hrs

Having a balance between athletics training everyday and the workload

Many of the above are applicable given that it is stressed that you are alone in the course

I do not manage my time wisely. (Another factor)

It's really hard to have an equal balance of all the stuff you need and want to do, i.e. social life and work to uni and exercise. I find it really stressful trying to fit in and balance everything. Trying to find the time to go do things but fearing that you'll fall behind if you take a day off.

Topics are difficult usually means you'll have to travel all the way to campus for limited tutor consultation, which is fricking time consuming and eats into your budget.

My degree is very time consuming

Q6b. Additional comments to the question *What could help combat these issues?*

I think all unis provide 'emotional' support to students but it would be a lot more helpful if there were people who could guide you and help you stay on top of things and organised (like a mentor). I think it'd help with the feeling of being overwhelmed by uni and uni work / studying, assignment etc I think smaller tutorials can sound good in theory but in practice aren't so wonderful. I attended a high school with very small class sizes which was brilliant because we got a lot more focused attention, but that doesn't work as well in University, because the purpose of the tutorials is to extend upon the content of the lecture and having a larger class means that a more diverse range of opinions is heard and is more conducive to group work and class discussions I think what would be most effective is to have teachers holding lessons / classes to help the particular students who are struggling to understand the units Working with other students but also where you can get additional support from lecturers, tutors or students who have previously done well in the unit Parents understanding of the workload we need to do complete at university

at my uni one tutor to a huge class, just impossible for 1 on 1 I guess online support would be beneficial, however I don't it is necessary in all situations.

My first preference would be to have smaller class sizes. I have had subjects in previous semesters with smaller sized classes and it is always more comfortable for me to ask for help and tutors have less students to deal with. My second and third ideal situation would be to have '24/7 support online' to assist with my studies and having 'extra student run support groups' are always great to ask whether my writing is up to University standards. This is provided, often called PLA (Peer Learning Advisors).

Less content for the unit would also help Refining the subjects required for each course could also be helpful

Smaller classes means that the instructor can understand our progress and whether the work is too hard or too much.

I had an additional voluntary class for one unit which really helped and made me pass a hard unit

Smaller tutorials so I can discuss the assignment with my tutor on a more personal basis.

if the support is from the lecturer or a tutor from the course, however it shouldn't be from a generic person it should be tailored to the subject. more importantly extra tutorials and help and consultations should be run by subject coordinators

The main thing I need to make studying better is more time or less workload. The workload I consider to be standard but I don't have enough time to complete it

Perhaps a chat system when tutor can log on when they're available to help for instant replies, thus still giving them their own time and flexibility to help around other commitments

Also 'smaller tutorial and lecture sizes' and 'extra student run support groups' would help combat these issues.

Student run groups are a great way to learn information without the pressure of learning it faster. If you're comfortable enough, it lets you ask more questions that you couldn't do in class

Being able to speak to someone at a time that works for you eg at night after work would be helpful

as well as emotional and financial services on campus available 24/7

Govt support with uni fees

24/7 Online support and along with access to financial services

Financial aid for students

It's hard to support ourselves when at uni, I personally work 2 jobs also.

I wish they had more scholarship options for international students

Due to a city being more expensive to live in than rural areas. The money from Centrelink, while also the effort required to receive payments is not good enough.

I think that it's improving my personal work ethic that would help.

I think a large part of it is just part of studying an advanced course - stress isn't a bad thing, you just need to learn how to handle it

No offense, but I feel like currently, there has been an excessive emphasis on people's emotions. There's support and then there is overkill. I was diagnosed with a major depression, anxiety and a schizoaffective disorder in high school. I've been sent to hospital for being suicidal and people have talked about having me institutionalized for a short time. And having gone through all of this, I have realised that, the only way I was able to make it through all of my emotional and mental issues, is because people started to be firm with me. Arguably, too much pity made me even more depressed, and made me refuse to help myself. Look, I'm not saying to get rid of all emotional support services. Definitely not- they are still I utilise to this day. However, I would be cautious in, despite good intentions, make more of a problem than something should have been. There is a reason why millennials have such a bad reputation- I personally think it's because of our lack of emotional resilience.

All the options would help.

I think what would help is to not have exams rather several test during the year. e.g. 1 assignment (25%), 1 presentation (25%), 1 exam (50%) makes me cram because I'm in the illusion were there isn't much to do i.e. 1 assignment and keep putting it off until when I start and realize how much work needs to go into it. Same for exams, its weighted so heavy that it almost disregards how much you have done during the semester - it comes down to if you remember the topic or if they ask the questions you are familiar with.

I rather have 10 test worth 10% each. It might be more assessments but at least you are progressing a little by little. Also I seem to learn better when there is less pressure (not weighted so high)."

a reasonable timetable structure that aims at supporting students to have a balanced lifestyle

I think it'd be more feasible for the university to have student-run support groups (and I think these students should be paid!) and also more helpful for existing students. Instead of 1-on-1 sessions available 24/7 (even if online, this would be difficult, considering the size of many cohorts) which would require knowledgeable helpers 24/7 at a pretty high helper-to-student ratio, the university would only have to pay a few past students to hold support sessions for existing students. Not only does this reward high performance students with potential work opportunities as a helper, it also really helps existing students. Past students know the ins and outs of the course, and they have useful advice a normal staff member wouldn't.

Less online work, more in class work

All of the above

Online support doesn't work because it doesn't feel personal and I can't ever feel satisfied with an answer

A big yes to student run support groups!
more on campus time in class.
My uni lacked many of these especially in the more difficult courses. I would really benefit from having more of them!!
if the 24/7 online support is tutors with different subjects who understand the uni units topics that would be really helpful.
Assignment help is my biggest thing. I understand the material, but putting it into a coherent essay is an entirely different thing.
None of these options would actually help me. But you didn't leave me a 'Other' or 'None of the above' option. :|
Research 101 Brah...
All of the above exist to some extent, just a more efficient and responsive system would benefit many more students.
Most allnighters arise from not being efficient with time and leaving things till last minute
More time spent on a select topic
No group work
less procrastination too
scholarship for international students please! there are a lot of ungrateful local students who just make use of the benefits they get from the government. unfair!
24/7 support would also be useful, even if its just a chatroom
I feel like all of the above can help to combat these issues, especially financial services and emotional support. In my case, I feel like the online support would be helpful.
Libraries that are open 24/7 for student access similar to Korea and Japan
support groups for both coursework and mental health
Not only is extra student run support groups helpful, you will also share the same issues as students
Smaller tutorial classes especially, lecture sizes don't matter too much
I believe the more support groups the better to help clarify any issues and I believe is one of the most effective ways to study is through communication
Also emotional services + support groups.
"My university has a majority of these services available, however, not to an extent that creates a huge impact on students.
Students need 24/7 online support, especially when classes are transferring more online every year, administration assistant for unit coordinators are reduced and the universities and the government cuts funding."
Student run support groups are good because the tutors have insider knowledge on what is required. Though at the beginning of the semester they should take a vote on when to host them because usually at my uni they just cram them in and it clashes with everyone's other commitments.
If there was an easier way to obtain help it would make studying less stressful
Also access to emotional support services on campus would be a big help for me.
There is always a student or two to support with assessments but not enough or not always suit my time.
all would help
I already study at a campus that allocates smaller tutorial and lecture sizes and it definitely helps greatly
in addition to financial aid services and smaller class sizes
PASS groups at <university name> extremely help.
I would find it more helpful to be able live closer to campus which would help my studies
Need extra support
Emotional support is very difficult to access and would be

very helpful
By making it smaller, students have the chance to ask questions and be more comfortable with the teacher
I believe that all of the above answers could be helpful, depending what you're struggling with or stressing over at the time.
Maybe it's just my cohort, but smaller tutorial sizes would be a nightmare because 80% of the class do not respond to the tutor. I think the problem is more than tutorials are being used to give answers to homework where the answer pdf is provided in the next week anyway, so is a real waste of time. The tutorials should be used to create interactive learning and revision to better understand the topic (so that we don't have to spend nights wondering WTF is this thing talking about) rather than Q&A of the homework question for participation marks.

Q7a. Have you ever needed study help after class or off campus, and asked someone you know for help?

Table: 12 of 24

Study help after class	Total		Age Range		Gender		Study Type		Current year in degree		Location		Distance from campus		Employment		Annual income		Degree cost		International enrollment																															
	1001	953	40	2	6	751	6	874	127	301	366	207	100	27	268	55	252	25	66	40	199	7	59	4	1	11	14	120	163	338	240	67	24	26	23	449	232	37	283	614	76	22	2	4	184	399	189	59	56	114	67	934
No, I haven't	100	91	8	0	1	34	1	86	14	28	40	23	8	1	30	3	22	3	6	3	20	0	8	0	0	3	2	10	17	35	27	2	1	2	6	41	20	6	33	54	9	1	1	2	20	37	19	4	6	14	8	92
Yes, my partner	67	64	3	0	0	18	0	49	16	17	19	11	4	4	17	2	16	2	4	4	13	1	7	0	0	1	6	15	20	15	3	2	4	31	20	4	12	37	11	7	0	0	10	30	13	5	3	6	1	66		
Yes, a friend	380	366	11	1	2	94	2	332	46	137	141	63	28	11	119	20	97	6	25	10	68	3	19	2	1	5	5	45	68	133	94	23	7	9	1	168	83	12	117	229	26	7	0	1	70	150	63	23	23	51	29	351
Yes, my parents	73	70	3	0	0	12	0	60	13	29	27	10	6	1	16	6	18	3	4	5	16	0	3	2	0	0	0	8	13	14	12	11	4	4	7	35	17	4	17	45	7	4	0	0	15	31	15	5	1	6	2	71
Yes, other students	269	254	13	0	2	58	1	251	18	64	69	62	35	9	63	18	67	6	20	10	62	1	16	0	0	3	3	33	37	102	59	22	8	6	2	121	57	8	83	170	13	2	0	1	47	107	56	14	16	29	19	250
Yes, Uni tutors/lecturers	109	105	2	1	1	24	0	93	16	27	41	29	11	1	22	6	31	5	7	20	2	6	0	0	3	3	18	12	33	32	6	2	3	3	51	34	3	21	76	10	1	1	0	21	43	23	8	6	8	8	101	
Yes, used a 24hr/urgent service	3	3	0	0	0	0	0	3	0	0	1	1	0	0	1	0	1	0	0	1	0	0	0	0	0	0	0	0	1	1	1	1	2	1	0	0	3	0	0	0	0	1	1	0	0	1	0	0	3			

Q7b. Additional comments to the question *Have you ever needed study help after class or off campus, and asked someone you know for help?*

I ask my friends when I need help and they may know an answer to a question I have.

My best friend in class message each other constantly about coursework/due dates.

Friends doing the same course are usually the number one source of help. Especially in online forums for others in the same class

have sought study help from friends, partner, siblings, parents, other students in my degree as well as emailing tutors/lecturers

Also, friends, tutors and other students. But I generally ask one of my parents to proof read my work for grammatical errors or I use them to bounce ideas off, because often they have a different perspective to other students or my friends. They're also useful fonts of information on specific topics i have asked my parents, friends, lecturers, tutors and just other professors for help

I'm quite shy and I'm afraid to ask for help because I don't like looking stupid.

When studying on campus I often went to catch ups after class in the library to discuss the classes and problems with class mates. Now that I am online I don't have this option, so if i am really struggling with something I will have a break and come back to it with a fresh mind, use the internet to research or ask a family member for help

I usually contact tutors or lecturers through an online university discussion forum or via their email. But, a lot of tutors/lecturers won't respond to emails or discussion forum questions soon enough because they don't get paid for their time outside of the classroom."

I would email my tutors, although they wouldn't reply in a quick enough time frame for it to be helpful or relevant Its difficult to ask others for help as they dont know the content

I have often asked my parents' opinions, as well as my class mates and tutors

Mostly I have asked other students but also for maths my uni has a centre thats open for 3 hours everyday that you can ask for help (it is usually packed with students though so it is hard to get assistance)

my father could only help in a limited and non applicable way

Friends and other students when I'm off campus.

We made a Facebook group with everyone in our class and talk there when we need anything.

And other students.

I use fellow students for help or I ask the tutors/ lectures if I feel they are approachable.

I am fortunate to have parents that are knowledgeable over a wide range of areas. For other students whose parents have followed a different course of study, it is much more difficult, because they can't just ask for help/clarification. Going up to lecturers definitely helps further develop my knowledge.

And friends or other students

I've also asked my tutor/lecturer.

I have asked all of the options, except for the 24/7 service. Usually, I will ask my classmates who I am 'friends' with first. I have asked multiple sources for help and each to varying degrees of success

they rarely help unfortunately because they do not reply to their emails outside of 9-5pm

I've attended some consultation sessions with lecturers before exams. I admit I haven't attended many because they usually aren't available at the same time as I am.

I don't have anyone else to turn to.

Yes to all

friends, family, tutors, other students

<university name> has PASS classes which are good but I still feel nervous asking questions

My brother helped me a lot

Friend and other adults who have studied the similar degree

First one in the family studying law - unfortunately, I'm the only native English speaker too, so my friends are my main source of help.

My uni provided help but i felt more useful asking from friends

As well as uni tutors and lecturers.

I always ask fellow students first, and if we all dont understand, one of us asks teaching staff

I also ask my partner

Also my friends, lectures and parents

Maybe all of the above at some point.

I also used the university's student support services, like online help, pass, and pcals

The college I attend has an academic mentor on every floor, as well as a discipline specific mentor as well.

I often ask other students, as well.

I constantly work alongside fellow students, but also feel comfortable clarifying things with lecturers/tutors

I live rurally so I don't really have many other students

around but I do sometimes call or message a fellow student.

It would be nice if we have someone to help

Meet with friends to work together, motivate each other.

I also make an effort to see my teachers at on-campus consultations.

I have also used uni tutors, parents and other students, as well as friends.

occasionally asked my friends who've done the units before

I have also had study groups with others in my classes

I tend to keep to myself and somehow manage but it is

difficult to study by myself sometimes when being in a group is much more helpful especially for practical/hands on courses

Often I'll email my tutor if I need help with a question

I usually ask my partner as well as my friends who are in my classes

I'm too proud

I have also asked my parents and my partner. But after my first year they couldn't help as they didn't understand the content.

As well as uni tutors/lecturers. I prefer to ask another student as it can help them by understanding the content more.

Friends studying the same course, or friends who have have the course before

I often study with my friends, we go through assignments and learning objectives together to clarify and better understand the content.

Me and a few friends that do the same subjects do so sruffy sessions together after class and create Facebook groups to contact each other if we have any issues. I also have attended a pals session ran by students a 2-3hr session to help clarify and gain a greater understand of what to expect and what is essential to know

I have asked partner, parents and friends from uni

"I sometimes don't have a chance to get to know my fellow students, so I don't have their contact details to ask them questions.

I wish another university students offer private tutorials and support system. Can be paid service.

Have asked friends, tutors, other students
Just for when I need clarification on some things, or if I didn't
fully understand something.
Using older uni students who form groups.
I'd rather ask my lecturer but unfortunately there usually
isn't an immediate response
My partner studies the same course as me but in a later year
Friends are really helpful in asking questions and some topics
which are not familiar or unsure
Lecturers and tutors are often very helpful even outside of
lecture/tutorial times

Q8b. Additional comments to the question *How has asking for study assistance from someone you know affected your personal relationship with that person?*

I don't receive any other assistance other than the teachers at school/uni.

No.

Both asked each other for help and worked together so increased our friendship

If your friend/fellow student is also academically enthusiastic it doesn't put strain on the relationship, as long as it's two ways where you help each other at different times.

no

Normally makes us become friends but then it's hard to study with them

I have asked for help from my sibling (also at University) and from my tutors/lecturers. I often feel that asking tutors/lecturers for help has made my relationship with them more pleasant because they see that I am trying really hard to understand the subject and provide the best completed assignment (in comparison to other students that sort of float by at Uni).

It made me feel more confident in myself and made me trust my lecturer more.

"I've found it brings students closer.

It can have some negative effects of student relations with tutors etc"

N/A

Sometimes I ask my sister for help on topics she has done.

It really depends. If you're leeching off someone (or vice versa) - as in, one person is always asking answers from the other - then it can cause tension. If you are both struggling through the content together, having intellectual discussions and see eye to eye, it can bring people together.

We cry together at 2am and celebrate when we finally hit submit.

I said earlier that I can ask friends for help, but to be honest I don't want to. Law is competitive and even some close friends don't want to help each other. It's not just about appearing weak - it's because these people are likely your future coworkers. In other fields, such as business, your best friend might end up working in a completely different company to you. But law is relatively small and much narrower in comparison, and there's a high chance you'll bump into your cohort at some point in the future, even if they work in a different branch of law.

:(

We both feel now that we can ask each other questions, so there is no tension.

Made my closest friends by studying together

no

When you ask for help and have trouble understanding what that person is explaining, often the other person will get frustrated at you

Maybe it will be differently when I start the course

It makes me feel like I'm burdening them

I think, especially with tutors and lecturers, asking for more assistance shows that you are taking their classes seriously, which makes them appreciate your efforts. I have been lucky enough to have some amazing teachers, who are more than willing to go out of their way to help us.

Just to rehearse for theatre lines

I often am scared of asking friends for study assistance though as I am scared it will become annoying, so I try to limit the amount I ask them.

We have a group we're we all help each other when we're having problems when studying and it makes us closer as friends

But also brought us closer

No

It can sometimes be annoying for someone to constantly ask questions to you. It would be better if I went to a teacher or posted online before asking.

We both did the subject so we became closer and supported each other.

My close group of uni friends and I rely on bouncing ideas off one another

Sometimes it helps to build trust between myself and the other person, but usually our relationship continues as it previously was.

increases trust in that person when i understand a topic from the help they've given

Not in that sense but it made me more comfortable to seek out advice or help without hesitation

Try not to exhaust that person, generally the person also struggles a bit with the concept, so we help each other get through it

We got closer and it built a lot of trust. It was also a good way to see her and catch up, it helps reduce the stress and pressure I sometimes feel when I study.

We communicate more often and brought us closer as we are both in the same position

No

It was a lecturer so the only impact t made was the fact that they wouldn't reply to my emails and I would struggle with assignments

I was in a bad relationship hence it was not a good idea to ask for any study help.

Some friends are great, while sometimes it causes jealousy and separation.

Getting assistance from someone incites a certain amount of vulnerability and insecurity that you trust within someone, so naturally, you tend to grow closer

I have asked my uni lecturers for help, not always to any avail but it hasn't impacted the student-teacher dynamics of the relationship.

Q9b. Additional comments to the question *How would you feel about 'help-on-tap' / 24-7 online study support from a real person?*

The issue with these kind of services is that its hard to know the quality of the teacher on the service - as someone who has worked as a tutor at university I have seen some of the people who are also tutors at the university who got 55% in the unit they are tutoring - so I would trust myself to work it out fairly quickly more than I would trust most tutors unless I knew and trusted them (which an online service would make hard to establish such a relationship).

It would be a great addition to have. My University does not provide anything of this sort, if they did I would most likely use it as a first option before approaching tutors/lecturers. However, I wonder if the support person online would know the answer to a course/assignment specific question. Would there be people specialised in different fields?

Depends on pricing

i would like this ,but i feel like it would be expensive

It would be a non-confrontational and easy way to get study support. This service might take slow due to many students asking questions and not enough people answering especially during late nights

I would probably use it but I'd feel bad asking questions from a real person at 1am in the morning

Would be really helpful if 24/7 help is available

It would be good as sometimes I feel like I am bothering my friends if I keep asking them questions late at night.

This would be really useful to me because I live in a small town in rural West QLD so it is hard to find help when I need it.

Although I would be concerned about confidentiality; my personal information and privacy being invaded by a stranger.

If it was anonymous, I might use it

Being a socially awkward person, I think it would help immensely as I find that I don't feel comfortable asking questions on the student forums because I fear that I may look or sound stupid (self-doubt kicks in)

i would be keen to try something like this

Sounds great but realistically probably wouldn't be excellent.

I am not 100 percent sure I have this support service, but i know online has a lot more options then i have explored yet.

There are multiple study support services at my uni, but they have set hours, which I think is a good thing because it forces students to take the initiative to engage with them.

Personally, I feel that having a 24/7 online study support service would make me more likely to procrastinate on assignments because I'd view it as a safety net and be less likely to get my act together and start an essay for a consultation or what have you

E.g. I was in a class where the tutor taught us that when positive ions leave a cell the cell becomes more positive... and the whole class just wrote it down and didn't question it, and likely a large portion got it wrong in the test later that week."

No.

not sure what this is because i am anti social

It would be pretty cool to get this and speak to someone who has experience in the field of study.

That would be rather helpful provided that knew or had access to the content I needed help with

The support person would have to be able to help with context from the course as well as emotional support. That would encourage me to use it more often

N/A

General studying help wouldn't be as helpful as direct help with the work.

I think <university name> do? but I'm nervous to use it, after all I don't know anyone on it might be nice...

no

I prefer to talk to someone doing my course for advice.

i may use it/ i may not

but what would be more help is more support from the lecturer and tutors for that subject

It sounds great but it also sounds infeasible, for whoever is providing it. I would also be unlikely to use it unless it was free (which is unlikely).

I wouldn't know what to do.

I have never heard of such a facility and I think it would be very helpful to have access to something like that.

Would help students feel supported and hopefully create a bit more of a community presence

Wow, I'd love to try it

That would be hard to achieve but i really want to enjoy that service.

Let's be honest, support from a real person would most likely be another student whose time we'd be taking for one in a million students actually partaking in such support

I would probably use it, never heard of it before

However, i wish the system is faster with the response

I may use it occasionally.

It would depend who is on the other end. Tutors and lecturers are already available. I don't think it's necessary to have questions answered in real time - you can always send an email or see academic staff in person.

I love online due to ease of communication, but will chose contacting other peers and tutors first

We have forums which we can ask questions and people do reply.

I would probably consider using it

I rather get help and learn better face-to-face

I do a very specific course and often find that things like this aren't relevant

it depends on how comfortable im with the subject

My degree is very specific and not really able to be covered with the study support

It would only be useful if the person was knowledgeable in your field and specific topics

Would prefer talking to someone in person, maybe if it was an online chat that may work better, like Discord

I feel like it would be effective if it was similar to Facebook messaging and the conversation could be casual and fast replies

It would be good to have access to something like that, I wouldn't struggle as much as I have done so previously

I never heard of it and I would like to have an access to that.

That could be quite interesting, and could be really engaging and useful

It would help with incidental questions but would also be reassuring to know its there

Quality has to be good though, please don't outsource it to some crappy "expert" that copy paste answers or rearrange the textbook/lecture sentences as their "explanation" because that is what's going on for some online sites

Q10b. Additional comments to the question *If you could choose the university you go to again would you choose the same one?*

I love my uni, so if they offered a degree that correlates with my interest further down the line, I would be very happy to return to study there again. At present however, I have no plans for further study because I'm currently completing a 5 year degree, after which I want to gain experience in my industry. In the future, I wouldn't mind pursuing further education, but the study I have in mind would likely have to be undertaken at a different institution or overseas. I would probably go to the same one, but I wouldn't use the term 'love it', there are a lot of errors in the course that could be ironed out
Wouldn't say love but everyone is great and offered good classes etc
Yes and no. I like my university for my accounting degree but hate it for the very limited classes it offers for my philosophy/history degrees
I love the uni I'm at although they do some idiotic things from time to time.
I have no plans on changing university.
The University I attend is good, but I just don't always agree with the weighting of assignments/tests/exams inside the units. The Lecturers are also generally hard to understand and not very competent English speakers.
I would like a bit more study support and better communication. But I wouldn't choose another uni for my course.
<University name> all the way!
Most others are pretentious. I like the culture surrounding my current uni.
I am studying my second course at the uni I completed my undergrad at
There's only one 'yes' option here. I don't love it but I wouldn't choose another uni. I think my uni is the best.
My uni is close to home
It is significantly closer and more available to me academically as well as having everything I want in my course.
Don't love it but can't complain
I don't love it but I don't have any problems with it
I prefer my uni because if it's location near me, but I would like more activities
I don't love it. But it's the best on offer at the moment.
I would choose the same university but only because my friends were there, and without it, I wouldn't have had the support network that I have now
But there are some things that could be improved at my current uni, even though I love it.
I've attended 2 universities in similar degrees; I much prefer the one I am at now
Well I don't love my uni but I would still choose the same one because of other reasons, but there wasn't any options above for this.
Not love per se, but it is the only university that offers what I want to do as a career
I would prefer more curriculum activities however my uni is the only one that offers my course
<university name> does have a lot of opportunity however I would consider trying a different uni in the future but I would highly Guly recommend <university name>
Whilst I love my university, there are so many problems between staff and students. Better the devil you know I'm hoping to finish additional units on top of my degree at another university, but I wouldn't trade my study at <university name> - it's been unreal.
Initially, my current university was not my top pick but now I'm glad I'm here.
It's a hard question to answer. I do enjoy the course i'm

currently studying but I would depend on the course I was studying and id have to find out from current students what the uni and lecturers are like. In my experience ive had some lecturers that seem like they don't want to help. I'm entirely not sure. I would do more research if I were to do it again. I enjoy the convenience of study online at home though
to be honest i wouldn't go to university if i could go back in time and make the choice again
but could easily love another
i've already changed from a previous uni to my current one
I've had issues dealing with teacher and administrative staff at my current uni. I feel like they don't care about their students and they're just money grabbing.
<university name> has a very poor social life and not many co-curricular activities.
I feel like ive made a mistake.
I would choose a different uni for the people. However, <university name> has really good extracurriculars and I also need the money from my scholarship so I'm stuck
"Better extra curriculum, Closer to Home"
I love my uni however I would not limit myself to other places - with better facilities, programs, location (closer to home).
I wouldn't mind changing it up though
It may change when I start my course, also probably more financial support.
it was poorly ran, unorganised, bullied, discriminated, outdated facilities. the only positive, I passed and the location was convenient
In addition to the support provided by staff for units, the universities overall organisation has made me less inclined to suggest future students go there.
No, I'd move to a university with a higher level of prestige
However, if the uni doesn't offer the course I will consider another university
On campus is great and fun but I want to get a job so I can earn money on the sidelines which cannot happen when I have to travel to uni every single day.
I'd go somewhere else with more study support and course options
I would go somewhere else but not for those reasons.. my uni is disorganized and has recently undergone changes to its admin/staff and its affected us as students
although im not sure where
I'm Studying acting and if I had the choice I would choose <university name>
I'd also consider moving somewhere that offers more study support.
I already know my course that I'm about to start is a lot better at another university, but I have to be happy with what I have and not complain.
This is just because I got a scholarship, which I probably would not get if I chose another university.
I would go somewhere that offers more online work and more flexible timetables with more class times to choose from
Theres too much pressure
There are units that are required that arent relevant to the course eg. breadth units
I would really rather be on campus then online
value for money in terms of content rather than support
I have received more support with online studies than with on campus study
or even a TAFE is more user applicable
Understandable that it's the first year / second year of no

government support and they're trying to figure things out.
BUT they've cut a lot of things out and expect us to drop
work hours to attend classes or else we don't graduate or
fail the class and PAY to retake it ONTOP OF the fee for the
2 years ???

It all depends on circumstance at that time.

They better

I hope so as it provides a more all round learning experience to be able to create better graduates as the social aspect of uni with the relationships with lecturers, tutors and peers is very important in the workplace as well as the actual information being learnt.

I hope so. The atmosphere of my uni is one of my favourite things about it.

online is the future

Online learning has a lot of good points but is not the right choice for everyone.

There is no way you can learn to do brain surgery on a rat purely online, which is why we need labs (like the one where I got to do brain surgery on two rats, one of which was a recovery surgery where the rat was then studied after)

I think they will exist and I think it's important that they exist however I think courses will be a lot more flexible and available online.

Face-to-face contact is a necessity.

I hope so

Face to face studying, collaboration and real time working together is very beneficial to ones learning. Not everything can be done over the computer.

I can't imagine solely being online. Going completely digital.

Did you even go to university if you didn't attend physically?

I hope so. I do not do as well without face to face teaching

I sure hope they do, because they provide many benefits such as communication, making friends and experiences, and it gives you a greater sense of purpose for completing your course.

i hope they will

It should. campuses aren't just a place for studying and learning. Its a place to make friends and enjoy life as well I think there are certain professions that would require physical attendance for university classes

While not always convenient, I am of the opinion that physical campuses will continue to exist for quite a while, especially when taking into consideration the vast number of course which require a practical component. Even with the advent of virtual reality technology, human contact in such cases is, in my opinion, very necessary to learn the skills required.

I think it is very difficult to be self-motivated. I only know of any people who has managed to keep constantly up to date with an online course. I think for this reason, people will continue to come to university - because at least they have some feeling of obligation that makes the work throughout the semester.

The environment created by physical uni campuses must exist as they are a center for learning that has a profound effect on those that study there.

I think having a physical campus and having the responsibility to turn up and get work done is an important factor in a student's motivation to complete their course I REALLY REALLY hope so! I love uni life at the campus!

I don't think studying can be fully done online.

Online, though helpful in assisting with learning, should not be the final result of Universities. Communication and meeting others is an important factor and skill to have when you eventually reach the workplace environment. Online universities would promote seclusion, and I don't think that's a very good thing.

I hope they do. Hands on learning is very important. Seeing friends is good. Can study in a quiet place there. Home is loud and local libraries are not open late in the night and don't have the facilities to support a uni student.

Part of the university experience is the clubs/social interaction/labs and practicals which help make a more rounded individual. I think all lectures, course content will be fully digitally supported but I hope physical university campuses still exist

Online tutorials/lectures don't provide the same learning opportunities as in person does.

I hope so but there's a lot of online stuff. I don't think that science degrees like biological, or medicine etc can be done online, they need physical lab work and experience

I hope they do because I love face to face learning

Online courses are becoming more popular, but I still think in the next 20 years there will be physical campuses. I think our current technology doesn't allow for remote study in all courses (say for example some medicine courses). Maybe in 50 years we might have technology that can manage this, but not in 20.

Online uni is further than 20 years

Online is bad and I don't think it will be any more popular hope so

I think they definitely will exist. But I do think more courses would be online. And maybe more online universities may exist. But I don't think physical universities would cease to exist in 20 years.

They probably would still exist, but with a lot more technologies incorporated into the delivery of courses, e.g. more video lectures and activities done online and maybe even the use of robots and artificially intelligent computers, not only in IT courses, but across various disciplines. Perhaps the main reasons people would physically go to the campus would be for social events, networking or for work Yes they will, but I'm guessing there will be a growing number of people who need flexibility and thus may look to online courses, online tutorials... etc

I think they will still exist, however, there will be a much larger focus on online learning and a lot less physical lectures. I think practical aspects like labs and hands-on learning will still remain as there is no substitute for that. may not be as popular

experience/internship arrangements.

Eventually, I do think physical campuses will die out. But I don't think it'll happen completely within the next 20 years. In order for digital delivery to become the norm, the next generation of professors and employers must become comfortable with it as well - after 20 years, this may just be beginning to happen."

Having to physical environment seperates home to school Nothing can substitute the friendships you make on campus.

I hope that they do though

Of course they will. They've been around for literally hundreds of years.

I think University campuses will exist in high rise buildings in cities only.

Face to face support is so important to have in a time where technology is advancing.

yes obviously

They will still be required for some courses

Yes only because of the practicals/laboratories

There may be less, but one-on-one contact is super beneficial for achieving the most out of university (and all it has to offer)

At least, I hope so. There is such a difference between studying online and being on campus.

I do believe online study will become more of a thing but I can't see campuses being removed anytime soon.

I don't think all online courses can ever fully replace

campuses. Practicals, equipment and hands-on cannot be accessed over the net hence the need for campuses. I think they will still exist though are not necessary for a lot of courses

I think that in 20 years there will still be people who want to study on campus because some people learn better that way, however, I also think we are heading towards a future of fully online university.

Practical components of degrees need to be experienced (depending on the degree of course). More stuff may be online, but face-to-face help clarifies things

It's a money making machine, of course it will be around. Sure hope so!

It helps student active not only in study also helps study get more physically active

Believe the in-person contact is important as well as the social interactions with friends you meet in classes

The tradition stands

Most things will switch to online but hopefully there will still be some physical campuses, I feel working in workshops in groups in-person is actually beneficial in maximising the learning outcomes

I think face to face contact is really beneficial for understanding

Absolutely! I think universities would never go completely online (even though there will be options where it is all online) because there is something rewarding and meaningful about a face-to-face learning community

There's certain experiences you can only have when you attend uni on-campus so I hope they continue to have this in the future

My course requires many hours of lab work which can only be done at uni facilities. I can see how some degrees which don't require these facilities will become exclusively online.

Only for hands on

For practical degrees that involve chemistry , biology only

Much more blended learning though

"Yes, cause not everybody can study at home.

But I don't think there will be huge campuses either.

The main building/campus will serve the purpose of admin, and have practical facilities such as science labs. It will also have major advanced study areas and an eatery."

it would be great if there still is though

There are certain things that physically attending classes can bring that online/external classes cannot. For example, in class, students develop a sense of familiarity with each other and are forced to interact with one another, which can help with teamwork and social skills.

Some degrees are practical and require physical classes

Yes physical University's would of course still exist due to the heritage and history of their infrastructure and culture but there would be a greater presence of online education and study due to the many benefits such participating in a class form the comfort of your home etc and flexibility in times people can learn all different ways such as hands on, visual or through hearing. coming to these classes on campus helps people who learn these ways learn more efficiently

Big difference to going to a physical campus as opposed to learning online. For example, the social aspect

Although online services are having a big impact I believe you will never be able to get rid of the campuses as it's always more effective to communicate face to face and on campuses will still be required for practical subjects

Because my course was stopped half way through the year and in cause went online due to lack of funds resources and government not supporting it anymore therefore I was

left being the only one that continued online failing that semester to reap trot it this year it has been really hard

Many courses benefit from a hands-on environment. I.e. nursing.

If not it would be a sore disappointment, I know the I myself and my peers enjoy physical books and the open spaces the campus provide. It's fair to call it a safe haven I hope so as not all students learn well online

Physical university campuses will exist but I think perhaps 50% of degrees will be online, it's a shame. I don't like online lectures or Tutorials at all. There are too many distractions for me to sit in front of my computer like that. I'll never learn anything.

It is hard to say whether they will or not. Online studying is something that a lot of people are starting to do because it allows you to study in your own time. Although campuses are still full of students. It doesn't seem like there is a problem with the number of students attending uni

It will but more online will be available too.

I believe not everything can be taught online. Face-to-Face is so important

Hopefully since online ruins the experience of uni, especially with meeting new people.

I do believe they will be more competitive.

It is almost an essential part of society, to replace it with an online version almost seems like it's not authentic

I hope so

courses that involve practical elements (such as science experiments) would be difficult to complete online

But they should

I hope they will, I dont think the physical interaction can be fully replaced

Face to face meeting is more personal and makes to be more motivated

Science courses and others require physical training.

I'm really not sure with the advancements of technology nowadays, anything could happen. It is a possibility they could still exist because students still require help and assistance, but then again it could all be done online.

nothing beats face to face education

I find I gain a lot more from face to face interaction in regards to relationships formed and knowledge understood and retained

yes and no- i reckon there will be completely online courses/universities but there will have to still be a physical campus somewhere

Because of technology

Everything is going to be online, I think. That's the direction this world is going.

i think later in the future there will be virtual reality university

I don't think they will, but I think they should. I gained a lot from my hands on practicals and placement preparation

In 20 years anything could happen. The future is infinite

Heres a thought: There will perhaps many small buildings spread out geographical so that there is one close to everyone, where students can sit and get a live lesson via a hologram of the lecturer. This hologram is however playing at other buildings at the same time and can even be played at home and replayed later. The purpose of the study buildings is to be provided with an appropriate study area close to home that is also equipped digitally with incredible out of this world technology and resources to provide the best possible learning experience. If AI exists then there would definately be a free AI assistant that will help the student with their studies and wellbeing whenever and

where ever.

“We certainly have the capabilities for online delivery already. The reason physical campuses are still the norm is because currently the only universities that offer ONLY online delivery are universities that lack prestige. Why? Because old universities are prestigious. If a university offers ONLY online delivery, it’s probably quite new, so it’s not prestigious. It doesn’t have the same big-name professors, it doesn’t offer student clubs and societies (which are basically just networking).

But the possibility does seem uncertain considering the development of new technology.

but for only things you cant do at home or work

Q12b. Additional comments to the question *How do you hope your university will evolve in the next 5 - 10 years?*

I hope they will still offer on campus lectures where you can better interact with your lecturers and peers. I do not want universities to solely offer online courses with limited on campus options.

I think studying online will increase the amount of people failing to complete their course. Causing a bigger HECS debt without reward.

I hope they DO NOT increase digital technologies in tutorials - we already have muscle cell labs where instead of dissecting out a muscle then doing the experiment on it, you do a computer simulation which is the most enormous waste of my time and I could do that at home in 2 minutes without wasting my time coming in for a quasi-lab that teaches you no practical skills

All the above option need to be implemented into uni's I hope they offer more courses and are more flexible/accommodating when a student comes along that wants to study something that isn't normally done.

Study tools online for use at home are essential when you can't always make it to University (due to the distance and frequency) just for one tutorial or question.

I agree with all options.

All these options seem good

As I live far away it takes me an hour and a half to travel to uni which is wasted time. I wish they would offer my course online so that I didn't have to travel so far

While I prefer to attend lectures, the option is handy to have in case of work commitments.

and not suspending courses last minute

Out of hours support services from the lecturers and tutors for that subject. The more flexibility is more times offered for each subject so you can create a better timetable with classes not at night

I don't mind attending tutorial/contact lessons because it really does help to attend those in person. However, lectures online are actually more efficient because I can pause, skip and rewind, and watch whenever I have the time to do it. This would help a lot.

I hope they will have adapted more sustainable practices and stopped being hypocritical about their apparent 'values' with which their current actions severely contrast.

More flexibility

all of the above

Non-availability of flexibility to choose what I want to study was a major disadvantage for my course specifically and it became one of the hardest subjects I had to deal with. I was extremely disappointed with that mechanism.

As I feel certain subjects were irrelevant and did not much have much interest in it. Thus, resulting to undesirable marks.

Please make education cheaper.

Enhance interactions between classmates.

That's the most important part

I also hope that a stronger and more enjoyable community of students between all schools (i.e. education, law etc.) will be built.

I hope they would divest out of fossil fuels to show they actually support the future generations

I hope they offer more financial support

I also wish they had more technology involved in recording lectures to get a better idea of the presenter as well as the content

Attendance marked classes are hard

It would be good if it were like other unis which just require you to submit assignments when you can, rather than on a set date. It can be very difficult if you are working to pick

which thing to focus on

I wanted to select so many of these answers. :\

Lectures are already available online

We already can watch online lectures. I think that is great for those who can't make it to class. maybe make it compulsory to have them.

I feel all the options above are applicable to the questions Already offers online lectures, although can be frustrating when they occasionally do not upload them

Tbh nothing needs to be change, in fact go back to some tradition might be better, using too much technology makes us not use as much brain

There are a lot of courses that I feel that I am missing out on. There is never one course that I feel would let me do all of them. If only my university allowed more flexibility to swap, drop and take more units.

I hope they'll have more courses to choose from, there is a limitation to what you can actually do

There also needs to be more quiet study space at uni at the moment it is horrible! it went from a good system to a bad system for those who know what they want to be specialised in. At the moment, my uni facilitates those who don't know what to do by exposing them to a broad selection of subjects. But for those who know what to do, it is a waste of time....

Out of hour support services would also be useful

I hope they will make help supports more easily accessible and provide 24/7 support as not all people can make the allocated support time due to other commitments such as work

I hope that they will revert back from online courses and lectures. Waste of money and time

I wish they filmed the lectures and tutorials, offered more materials for those online and the 24/7 support

I hope they will increase the number of internal courses.

I would love to be able to attend online lectures due to the fact that I have to drive atleast 1.5hrs to uni

More assists for first year students would be great if needed and guidance. I needed it for sure.

Our uni has already begun broadening its offerings and they definitely have plans in action for the next few years which is exciting

I hope they will spend more money on student administration and think of their students as students, not numbers.

More study support would be helpful

1, 3 and 5 apply

Polleverywhere and kahoot style in-lecture programs are highly useful

“I really appreciate your assistance. I was never an academic and my essay writing was non-existent, but I am learning day by day and you help me develop an excitement with writing and I feel I am improving slowly and that you help me develop my confidence in writing.”

- Australian university student, 9 May 2018, 11:25am

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